



How to Keep Your Healing

PASTORS GEORGE & TERRI PEARSONS

DAY I—Be Aware of the Thief

Psalm 103:1-5: “Bless the LORD, O my soul: and all that is within me, bless his holy name. Bless the LORD, O my soul, and forget not all his benefits: who forgiveth all thine iniquities; who healeth all thy diseases; who redeemeth thy life from destruction; who crowneth thee with lovingkindness and tender mercies; who satisfieth thy mouth with good things; so that thy youth is renewed like the eagle’s.”

Verse 5 (AMPC): “Who satisfies your mouth [your necessity and desire at your personal age and situation] with good so that your youth, renewed, is like the eagle’s [strong, overcoming, soaring]!”

A. “10 Days of Healing”—Review

1. The last time we were together, we focused on how to receive our healing.
2. We called it “10 Days of Healing.”
3. Go to kcm.org/watch for a refresher.
4. There is no question whatsoever—it is God’s will for us to be healed.
5. Our topics included:
 - a. Renewing Your Mind to Divine Health
 - b. Redeemed From the Curse of Sickness
 - c. The God Who Heals
 - d. God’s Prescription for Good Health
 - e. The Language of Health
 - f. How to Take Authority Over Your Body

B. Healing Comes Several Ways

1. An operation of a gift(s) of the Spirit (1 Corinthians 12:1-11)
 - a. Gifts of healings
 - b. Working of miracles
 - c. Gift of faith
 - d. Working with the word of knowledge
 - e. Word of wisdom
 - f. Discerning of spirits
2. Or through someone else’s faith
 - a. Mark 16:18 “They shall lay hands on the sick, and they shall recover.”
 - b. Or by their prayer
3. Or using your own faith, standing on the Covenant provisions in God’s Word.
 - a. This is always available and requires no special anointing.





4. Healing may or may not include natural means as well. But even natural means should include one of these.
5. King Asa was diseased in his feet and “he did not seek the LORD,” and it cost him (2 Chronicles 16:12, NKJV).
6. No matter how healing comes, it’s wonderful!
7. But that’s not always the end of the story.
8. There is one topic we are taking time to cover this week.
9. “Once we are healed, how do we keep our healing?”

C. Be Aware of the Thief

1. Who is the thief?
 - a. Mark 4:14-15: “The sower soweth the word. And these are they by the way side, where the word is sown; but when they have heard, Satan cometh immediately, and taketh away the word that was sown in their hearts.”
 - b. Satan is the thief.
2. John 10:10 (NKJV): “The thief does not come except to steal, and to kill, and to destroy. I have come that they may have life, and that they may have it more abundantly.”
 - a. John 10:10 tells us the nature of the thief and the nature of God.
 - b. *Life* (Gk) = *zoe* = the God kind of life
 - c. AMPC—Jesus came that we “may have and enjoy life, and have it in abundance (to the full, till it overflows).”
3. “God is a good God. The devil is a bad devil.” —Oral Roberts
4. What does he come to steal?
 - a. Mark 4:15 (NKJV): “Satan comes immediately and takes away the word that was sown in their hearts.”
 - b. Yes, he wants your health—your life. But Satan is mostly after the Word—because that is the life and health producing seed.
 - c. John 6:63 (NKJV): “The words that I speak to you are spirit, and they are life.”
 - d. Psalm 107:20 (NKJV): “He sent His word and healed them, and delivered them from their destructions.”
5. So sometimes symptoms return or something else comes up on the heels of being well.
6. Many don’t know what to do when this happens.
7. Some say, “I guess I never received my healing in the first place.”
8. Many Christians have lost their healing due to a lack of knowledge regarding God’s Word on the subject of healing, especially if they were healed on someone else’s faith or by a gift of the Spirit.
9. The devil takes advantage of their lack of knowledge and is able to hold them in a place of defeat.
10. “We are not the sick trying to get our healing. We are the healed and the devil is trying to steal it from us.” —Kenneth Copeland





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DAY 2—The Weapons of Our Warfare

A. Be Aware of the Thief—Review

1. It is God's will for us to be healed and to stay well.
2. We want to learn how to receive our healing and how to hold on to the promises of God.
3. Symptoms may come or return, but they are not sent from God.
4. John 10:10 (AMPC): "The thief comes only in order to steal and kill and destroy. I came that they may have and enjoy life, and have it in abundance (to the full, till it overflows)."
5. The thief is Satan and what he wants to steal from you above all else is the Word of God.
6. Satan wants you to question, doubt and not act on the Word (Mark 4).
7. We have to hold on to the Word long enough for it to be rooted down on the inside, grow and bear fruit in our lives.

B. Major Key #1 to Keeping Your Healing: Stop the Thief

1. Ephesians 4:28 (AMPC)—"Let the thief steal no more!"
2. James 4:7 (NKJV)—"Resist the devil and he will flee from you."
3. Many times, believers aren't missing it in their believing. They are missing it in the area of resisting the devil as they should. We must stay in resistance mode.
 - a. Our persistence in faith will wear down the devil's resistance.
 - b. "Me?! Resist the devil?! I can't do that!" Yes, you can.
 - c. How do I do that?
4. James 4:7-8 (NKJV)
 - a. "Therefore submit to God..." = the way He thinks, talks and acts.
 - b. "Resist the devil..." = the way he thinks, talks and acts.
 - c. "...and he will flee from you."
 - d. Resisting requires faith.
 - e. Are you submitted to God? How do we do that? Verse 8 tells us.
 - f. Verse 8 (NKJV): "Draw near to God and He will draw near to you. Cleanse your hands, you sinners; and purify your hearts, you double-minded."
 - g. How is your love walk?
 - h. Are you in disobedience? Sin?
 - i. Sin can keep you from receiving what God has provided.
 - ii. "I thought God healed me. Now He's made me sick." No!
 - iii. A double minded man cannot receive anything from the Lord (James 1:6-8).
 - i. "Cleanse your hands" = 1 John 1:9, which says, "If we confess our sins, He is faithful and just to forgive us our sins and to cleanse us from all unrighteousness" (NKJV).





- i. “Self-evaluation in the presence of faith is a good thing. But apart from faith, it is condemnation and that is demonic.” —Kenneth Copeland
 - ii. Repent! Fast! Let the blood cleanse you.
5. Now you are in position to resist the devil.
6. Resist the devil and everything associated with him.
 - a. Just say: “No!” Not in your power—but in Jesus’ Name!
 - b. That includes saying, “No!” to symptoms, lies, fear and pressure.
 - c. Pastor Terri’s migraine testimony

C. 2 Corinthians 10:4—The Weapons of Our Warfare Are Not Carnal, but Mighty Through God to the Pulling Down of Strong Holds

1. When we apply these spiritual weapons in faith, that is resistance.
2. Ephesians 6:10-11 (NKJV): “Finally, my brethren, be strong in the Lord and in the power of His might. Put on the whole armor of God, that you may be able to stand against the wiles of the devil.”
 - a. AMPC: “...stand up against [all] the strategies and the deceits of the devil.”
 - i. Verse 12 (NKJV): “For we do not wrestle against flesh and blood, but against principalities, against powers, against the rulers of the darkness of this age, against spiritual hosts of wickedness in the heavenly places.”
 - ii. You are not really wrestling with physical symptoms but with the devil that is behind those symptoms.
 - b. Verse 13 (NKJV): “Therefore take up the whole armor of God, that you may be able to withstand in the evil day, and having done all, to stand.”
 - i. Who withstands the devil? Who withstands the return of sickness? We do!
 - ii. But we stand in God’s armor all the time. This is how we can keep the door closed to sickness, as well as deal with it trying to return.
3. Just look at these weapons! (Ephesians 6:14-18)—
 - a. Your loins girded with truth
 - b. The breastplate of righteousness
 - c. Our feet “shod with the preparation of the gospel of peace”
 - d. The shield of faith with which you quench all the fiery darts of the wicked one
 - e. The helmet of salvation
 - f. The sword of the Spirit—the Word of God
 - g. Praying in the Spirit with watchfulness
 - h. This is God’s armor!





How to Keep Your Healing

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DAY 3—Holding Fast

A. Weapons of Our Warfare—Review

1. People have been healed. Some lose their healing.
2. Some aren't familiar with the Word of God and don't know how to get their healing back.
3. John 10:10—Jesus said, "The thief cometh not, but for to steal, and to kill, and to destroy: I am come that they might have life, and that they might have it more abundantly."
4. The first key to keeping your healing or getting it back is to stop the thief.
5. When the Word is preached, Satan comes immediately to steal the Word (Mark 4:14-15).
6. We must stop Satan from stealing from us.
7. We have to put on the armor of God by faith (Ephesians 6:10-18).
8. 2 Corinthians 10:4 "For the weapons of our warfare are not carnal, but mighty through God to the pulling down of strong holds."
9. We live in a world corrupted by the devil's influence.
10. We are to be in a mode of resistance—taking our stand in faith against sickness and disease.
11. James 4:7 "Submit yourselves therefore to God. Resist the devil, and he will flee from you."
12. We must make God's Word our word and His ways our ways.

B. 1 Thessalonians 5:21—Major Key #2 to Keeping Your Healing: Hold Fast

1. Many believers falsely think that once they receive their healing, there is nothing left to do.
2. 1 Thessalonians 5:21: "...HOLD FAST that which is good."
3. Acts 10:38: "How God anointed Jesus of Nazareth with the Holy Ghost and with power: who went about doing good, and healing all that were oppressed of the devil; for God was with him."
4. I've been sick, and I've been well. Well is better.
5. We must have bulldog faith—faith that doesn't let go of the promises of God.
6. Revelation 3:11: "...HOLD THAT FAST which thou hast, that no man take thy crown."
7. These verses let us know that something is going to try to take what we received, or else we wouldn't need to hold fast.

C. What Do We Hold Fast To?

1. We hold fast to words of life.
 - a. Hebrews 4:12 (AMPC): "For the Word that God speaks is alive and full of power [making it active, operative, energizing, and effective]."
 - b. Matthew 4:4: "But he (Jesus) answered and said, It is written, Man shall not live by bread alone, but by every word that proceedeth out of the mouth of God."
 - c. To maintain our spiritual strength, we daily feed on the Word of God.





- d. Hold fast to the word in Nahum 1:9—"Affliction shall not rise up the second time!"
2. Remember the Armor of God in Ephesians 6?
 - a. Let's look at it again.
 - b. "Therefore take up the whole armor of God, that you may be able to withstand in the evil day, and having done all, to stand. STAND THEREFORE..." (Verses 13-14, NKJV).
 - i. That's another way of saying, "Hold fast."
 - c. "Having your loins girt with truth"—so what's my confession?
 - i. "I hold fast to Truth" (Say it!).
 - ii. "The Truth is by His stripes I was healed" (1 Peter 2:24).
 - d. The breastplate of righteousness
 - i. I hold on to: "I am the righteousness of God in Christ Jesus" (Say that!). "His rightness makes and keeps my body right!"
 - e. The gospel of peace
 - i. In Hebrew, *peace* is defined as "wholeness, nothing missing, nothing broken."
 - ii. "I hold fast to wholeness and peace!"
 - f. "I hold fast to my salvation—which included my healing."
 - i. The English word, "saved" comes from the Greek word, *sozo*, meaning "delivered, healed, made whole."
 - g. "I hold fast to faith—my trust and confidence in God's Word"—which is the Sword of the Spirit.
 - h. That is called the GOOD fight of faith.
3. We hold fast to our confession of faith.
 - a. 1 Timothy 6:12 (NKJV): "Fight the good fight of faith, lay hold on eternal life, to which you were also called and have confessed the good confession in the presence of many witnesses."
 - b. We can't fight the fight of faith without our confession of faith.
 - c. Hebrews 10:23 "Let us hold fast the profession of our faith without wavering; (for he is faithful that promised);"
 - d. Proverbs 18:21: "Death and life are in the power of the tongue: and they that love it shall eat the fruit thereof."
 - e. Matthew 12:37 (PGT)—By your words you are healed and by your words you are sick.
 - f. We fight the good fight of faith with our words in line with His Word.
 - g. We continually say what God's Word says about our healing regardless of what thoughts the enemy may tell our mind or what symptoms we may feel in our body.
 - h. No matter how we feel, we still believe that Jesus purchased our healing, therefore, we are healed now, and we say that no matter what the opposition.
4. We hold fast to sound words of teaching.
 - a. 2 Timothy 1:13-14: "Hold fast the form of sound words, which thou hast heard of me, in faith and love which is in Christ Jesus. That good thing which was committed unto thee keep by the Holy Ghost which dwelleth in us."
 - b. Romans 10:17 "So then faith (for healing) cometh by hearing, and hearing by the word of (healing) God."





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DAY 4—Refusing to Fear

A. Keeping Your Healing—Review

1. Healing is available to you.
2. We taught “10 Days of Healing,” available at kcm.org/watch
3. It is undeniably God’s will for you to be well.
4. Healing comes several ways: by a special anointing, through the gifts of the Spirit, by natural means, and by your own faith released in the Word.
5. There may be a time when you have to resist new symptoms or sickness that tries to come back.
6. The first key to keeping your healing is to recognize that Satan is a thief.
 - a. John 10:10 (AMPC)—Jesus said, “The thief comes only in order to steal and kill and destroy. I came that they may have and enjoy life, and have it in abundance (to the full, till it overflows).”
 - b. There’s more of God’s life available than the devil can steal, kill or destroy.
 - c. It’s our responsibility to stop the thief and take hold of abundant life.
7. God has empowered us with the armor of God, mighty weapons we are to use.
8. James 4:7: “Submit yourselves therefore to God. Resist the devil, and he will flee from you.”
 - a. We must resist the devil and stay in a spiritual mode of resistance.
 - b. Sometimes it takes persistence, standing until victory manifests.
9. The second key to keeping your healing is to hold fast.
 - a. Revelation 3:11 (NKJV) “...Hold fast what you have”
 - b. We hold fast to the Word of God, to sound words of teaching.
 - c. Romans 10:17 (NKJV) “So then faith comes by hearing, and hearing by the word of God.”
 - d. We keep the Word in our eyes, our ears, our thoughts, and our mouth.

B. We Must Fight the Good Fight of Faith

1. Notice what Paul said though to Timothy about this good fight of faith.
2. 1 Timothy 6:12-14 (NIV): “Fight the good fight of the faith. Take hold of the eternal life to which you were called when you made your good confession in the presence of many witnesses. In the sight of God, who gives life to everything, and of Christ Jesus, who while testifying before Pontius Pilate made the good confession, I charge you to keep this command without spot or blame until the appearing of our Lord Jesus Christ.”
3. The moment you make Jesus the Lord of your life, you step into eternal life.
4. Eternal life is not just about duration but is the quality of life we experience.
5. We must maintain our stand of faith.
6. Satan has already been defeated.
7. Jesus took care of that in the pit of hell.





8. Ephesians 2:5-6 (NKJV): God “made us alive together with Christ (by grace you have been saved), and raised us up together, and made us sit together in the heavenly places in Christ Jesus.”
9. We must enforce the spiritual victory Jesus won in this natural life.
10. “Too many believers lose their healing on a counterattack.” —Nancy Dufresne
11. The devil wants to steal your authority—your right to the Name of Jesus, your right to the Word of God, your right to the Blood of Jesus.
12. Refuse to relinquish your covenant rights!
13. Deal with Satan’s deceitfulness and stand fast in your faith.

C. Major Key #3 to Keeping Your Healing: Refuse to Fear

1. Another strategy the devil uses to try to bring sickness back on people is to get them in a state of fear.
2. It is the fear of being sick, or the fear of the sickness coming back on them.
3. We have to use our authority in Christ Jesus over any fear that comes.
4. Don’t try to fight a medical fight without your faith.
5. Where do you let your imagination go when you think about a situation?
6. Dread is a form of fear.
7. A past symptom may try to come back. Hold fast to the healing you received.
8. 2 Corinthians 10:5 (NKJV): “Casting down arguments and every high thing that exalts itself against the knowledge of God (what the Word says about your health), bringing every thought into captivity to the obedience of Christ.”
9. Psalm 34:4 (AMPC): “I sought (inquired of) the Lord and required Him [of necessity and on the authority of His Word], and He heard me, and delivered me from all my fears.”
10. 2 Timothy 1:7: “For God hath not given us the spirit of fear; but of power, and of love, and of a sound mind.”
11. Over 300 times in one form or another, the Bible says, “Fear not.”
12. Fear is a spirit, and it must be resisted.
13. 1 John 4:18-19 (NKJV): “There is no fear in love; but perfect love casts out fear, because fear involves torment. But he who fears has not been made perfect in love. We love Him because He first loved us.”
 - a. *Perfect* = mature, developed
 - b. Mature, developed love casts out fear.
 - c. This love begins with being confident in God’s love for us.
 - d. Deuteronomy 31:8 (NKJV): “He will be with you, He will not leave you nor forsake you; do not fear nor be dismayed.”
 - e. Psalm 103:2-3 (NKJV): “...forget not all His benefits: who forgives all your iniquities, who heals all your diseases.”
14. Isaiah 41:10 (NKJV) “Fear not, for I am with you; be not dismayed, for I am your God. I will strengthen you, yes, I will help you, I will uphold you with My righteous right hand.”
15. Kellie at the hospital declared, “I refuse to fear!”
16. Refuse to believe what fear is suggesting.





How to Keep Your Healing

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DAY 5—Keeping Your Healing

A. “How to Keep Your Healing”—Review

1. You may be at a point where you've lost your healing.
2. It's time to get it back.
3. We have spoken this week about major keys to healing:
 - a. Stop the thief—resist the devil!
 - b. Hold fast to the Word of God and your confession of faith.
 - c. Refuse to fear.
4. Healing belongs to us.

B. Acts 3:8—After You Are Healed

1. It is important to note that when the New Covenant records the healings of individuals, many times it reveals what they did after they were healed.
2. What did people do in the Bible after they were healed?
 - a. Acts 3:8: “And he leaping up stood, and walked, and entered with them into the temple, walking, and leaping, and praising God.” = PRAISE
 - i. It is praising God out loud for who He is and all He has done—your Healer, Deliverer!
 - ii. It also speaks to an attitude of thankfulness and gratitude.
 - b. John 5:14 (NLT): “But afterward Jesus found him (the man healed at the Pool of Bethesda) in the Temple and told him, ‘Now you are well; so stop sinning, or something even worse may happen to you.’” = STOP SINNING
 - i. Sickness is a result of sin. It is in this world as a result of Adam's fall.
 - ii. God doesn't want you to sin, because sin kills.
 - iii. Walking in God's ways puts you in position to maintain the flow of blessings in your life.
 - iv. Repent of sin quickly, turn and go the other way.
 - v. I John 1:9: “If we confess our sins, he is faithful and just to forgive us our sins, and to cleanse us from all unrighteousness.”
 - vi. Notice—they went to church!
 - c. Luke 17:14 (NLT): “He looked at them and said, ‘Go show yourselves to the priests.’ And as they went, they were cleansed of their leprosy.” = TESTIFY but to the right people
3. Many more healings that occurred under Jesus' ministry took place in the temple, or some location where He was teaching the Word.
4. It matters that you give attention to developing your spiritual life in your walk with the Lord.





5. We draw spiritual strength to stay healed when we are connected to a healing-believing, healing-teaching church.
 - a. What you feed yourself spiritually and how frequently is important.
 - b. You become who you are connected to.
6. Many people come to church to get in a healing line so hands can be laid on them, but then they don't become faithful to church attendance after they are healed.
7. Very often, those people will lose their healing.
8. Why? Because they never developed spiritually.
9. The devil takes advantage of their lack of faith and Bible knowledge and puts sickness back on them.
10. The things of God come to you and should also go through you to others.

C. Hebrews 10:25—Everyone Needs a Church and a Pastor

1. "Not forsaking the assembling of ourselves together, as the manner of some is; but exhorting one another: and so much the more, as ye see the day approaching."
 - a. Mark Hankins says, "Some assembly is required."
 - b. The Church is designed to help you grow and develop.
2. Luke 4:16 (MSG): "He came to Nazareth where he had been reared. As he always did on the Sabbath, he went to the meeting place."
3. Some people say, "I don't have to go to church. I can just fellowship with the Lord by myself." Apparently, God doesn't think that's enough. We do have to go to church to grow up spiritually and learn how to obey God's Word.
4. Matthew 9:35-36: "And Jesus went about all the cities and villages, teaching in their synagogues, and preaching the gospel of the kingdom, and healing every sickness and every disease among the people. But when he saw the multitudes, he was moved with compassion on them, because they fainted, and were scattered abroad, as sheep having no shepherd."
 - a. The multitudes that were sick didn't have a shepherd.
 - b. Their health suffered without a shepherd.
 - c. People without a pastor and a church are an easy target for the devil.
5. Everyone needs to locate a church where divine healing is preached.
6. Psalm 92:12-15 (AMPC): "The [uncompromisingly] righteous shall flourish like the palm tree [be long-lived, stately, upright, useful, and fruitful]; they shall grow like a cedar in Lebanon [majestic, stable, durable, and incorruptible]. Planted in the house of the Lord, they shall flourish in the courts of our God. [Growing in grace] they shall still bring forth fruit in old age; they shall be full of sap [of spiritual vitality] and [rich in the] verdure [of trust, love, and contentment]. [They are living memorials] to show that the Lord is upright and faithful to His promises; He is my Rock, and there is no unrighteousness in Him."

