



Freedom From Fear

PASTORS GEORGE & TERRI PEARSONS

DAY 1—Live Fear Free

A. Luke 21:25-28 (AMPC)—The End-Times Signs

“And there will be signs in the sun and moon and stars [*especially since 4 blood moons in 2014-2015*]; and upon the earth [there will be] distress (trouble and anguish) of nations [*nations = ethnos (Gk) = tribes, people groups, race*] in bewilderment and perplexity [without resources, left wanting, embarrassed, in doubt, not knowing which way to turn] at the roaring (the echo) of the tossing of the sea [*The “sea” in Bible symbolism is humanity.*], men swooning away or expiring with fear and dread and apprehension and expectation of the things that are coming on the world; for the [very] powers of the heavens will be shaken and caused to totter. And then they will see the Son of Man coming in a cloud with great (transcendent and overwhelming) power and [all His kingly] glory (majesty and splendor). Now when these things begin to occur, look up and lift up your heads, because your redemption (deliverance) is drawing near.”

1. Verse 26 (NKJV): “men’s hearts failing them from fear and the expectation of those things which are coming on the earth....”
2. NLT: “People will be terrified at what they see coming upon the earth....”
3. NRSV: “People will faint from fear and foreboding of what is coming upon the world, for the powers of the heavens will be shaken.”
4. Reports recently came out about children panicked, having nightmares over climate change.
5. When something happens “over and over” it causes dread, which is its own stress agent.
6. The *King James Version* says, “Fear not,” or “Do not be afraid,” 103 times. Many more scriptures say, “Do not be anxious,” “Do not worry or fret.”
7. 1 Corinthians 10:32: “Give none offence, neither to the Jews, nor to the Gentiles, nor to the church of God.”
 - a. We see at the start of it all three groups: the Jews, the Nations (Gentiles, noncovenant people) and the Church.
 - b. We are supposed to be different.
 - c. Covenant people and noncovenant people are clearly seen.
8. They will see that He is coming.
9. Our goal is to get rid of fear and live totally fear free.

B. Word From the Lord Through Kenneth Copeland, Aug. 6, 2010

“The world is in serious trouble. Some very hard things are coming in different places around the world. Very difficult times in a lot of places. They are that way now but they will not get better. They will continue to get worse and worse. It is on a downhill run that the world cannot stop.



"But, for the household of faith, everything is going to be all right.

"You will have to make a stand. You will have to fight the good fight of faith. But, when did you not have to do that?

"These are dangerous times. They are dangerous times financially. There are dangerous times in the earth because the earth is weighted under a gross weight of sin. There are things and places and situations underneath the earth, in the oceans, in the heavens. Things are being rattled and shaken. The earth is trying to break in different places.

"Stand on My WORD and it will not come near you. Praise and worship My Name.



"Do not feed fear and trouble into your life and into your mouth!

"Get back over here in the household of faith. Feed on My WORD and not on the bread of sorrow. Look in My face. Praise and worship and preach The WORD. Everything is going to be all right."

1. What is the household of faith?
 - a. A household has a way of doing things. There are rules of the house.
 - b. We live by the way it's done in God's kingdom: by faith.
 - c. Four times the Bible says, "The just shall live by faith" (Habakkuk 2:4; Romans 1:17; Galatians 3:11; Hebrews 10:38).
 - d. First the principles of faith
 - i. Mark 11:22-26 (NKJV): "So Jesus answered and said to them, 'Have faith in God. For assuredly, I say to you, whoever says to this mountain, "Be removed and be cast into the sea," and does not doubt in his heart, but believes that those things he says will be done, he will have whatever he says. Therefore I say to you, whatever things you ask when you pray, believe that you receive them, and you will have them. And whenever you stand praying, if you have anything against anyone, forgive him, that your Father in heaven may also forgive you your trespasses. But if you do not forgive, neither will your Father in heaven forgive your trespasses.'"
 - ii. 2 Corinthians 4:13: "We having the same spirit of faith, according as it is written, I believed, and therefore have I spoken; we also believe, and therefore speak."
 - iii. Hebrews 11:6 (NKJV): "But without faith it is impossible to please Him, for he who comes to God must believe that He is, and that He is a rewarder of those who diligently seek Him."
 - e. Noah, Abraham, Sarah, Isaac, Jacob, Joseph, Moses, Rahab, David, Samson and more



C. Psalm 34:1-4—Is It Possible To Live Completely Fear Free?

1. Verses 1-4: "I will bless the LORD at all times: his praise shall continually be in my mouth. My soul shall make her boast in the LORD: the humble shall hear thereof, and be glad. O magnify the LORD with me, and let us exalt his name together. I sought the LORD, and he heard me, and delivered me from ALL my fears."
2. Imagine what it would be like to live totally fear free.
3. NOTHING could move us, shake us, intimidate us, paralyze us, throw us into a state of panic, or cause us anguish or stress through fear.
 - a. The devil's lies
 - b. People's attacks
 - c. Situations we face (health, finances, family, nationally)
4. Our lives would be a description of Philippians 1:28:
 - a. KJV—"And in NOTHING terrified by your adversaries."
 - b. NIV—"Without being frightened IN ANY WAY by those who oppose you."
 - c. NLT—"Don't be intimidated in ANY WAY by your enemies."
 - d. MSG—"Not flinching or dodging in the slightest before the opposition."
5. It is absolutely possible for us to live fear-free lives.
6. You have to feed your heart with the Word of God when you think you don't need it, when you don't feel afraid.
7. You feed the Word into your heart so that when you do need it, your heart will feed your mouth, and you'll release faith-filled words.

**"Keep the Word of God in your eyes and in your ears
so that you can keep it in your mouth."**

—Pastor Terri Pearsons

Notes





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DAY 2—What Is Fear?

A. Genesis 3:1-10 (NKJV)—What Was the Origin of Fear?

Now the serpent was more cunning than any beast of the field which the LORD God had made. And he said to the woman, "Has God indeed said, 'You shall not eat of every tree of the garden'?" [The Question] And the woman said to the serpent, "We may eat the fruit of the trees of the garden; but of the fruit of the tree which is in the midst of the garden, God has said, 'You shall not eat it, nor shall you touch it, lest you die.'"

Then the serpent said to the woman, "You will not surely die. For God knows that in the day you eat of it your eyes will be opened, and you will be like God, knowing good and evil."

So when the woman saw that the tree was good for food, that it was pleasant to the eyes, and a tree desirable to make one wise, she took of its fruit and ate. She also gave to her husband with her, and he ate. Then the eyes of both of them were opened, and they knew that they were naked; and they sewed fig leaves together and made themselves coverings.

And they heard the sound of the LORD God walking in the garden in the cool of the day, and Adam and his wife hid themselves from the presence of the LORD God among the trees of the garden. Then the LORD God called to Adam and said to him, "Where are you?" So he said, "I heard Your voice in the garden, and I was AFRAID because I was naked; and I hid myself."

1. The devil is at the root of all fear.
 - a. He is fear incarnate.
 - b. He is the original terrorist.
 - c. He is subtle. He brings questions and suggests reasoning apart from the Word. He wants to separate us from what God has said to us.
 - d. The garden of our lives must be monitored to keep fear out.
2. John 10:10 (NKJV): "The thief does not come except to steal, and to kill, and to destroy. I have come that they may have life, and that they may have it more abundantly."
 - a. Steal what? The Word sown.
 - b. Mark 4:14-15 (NKJV): "The sower sows the word. And these are the ones by the wayside where the word is sown. When they hear, Satan comes immediately and takes away the word that was sown in their hearts."
 - c. Our foundation of faith comes from hearing the Word, receiving it, and acting on it by saying it and integrating the Word into our lives.
3. The devil uses fear to control, intimidate and paralyze.
 - a. All fear leads to death.
 - b. He is still trying to separate us from God.





"The more Word that you hear, the more fear will be flushed out."

—Dr. Bill Winston

B. Job 3:25-26—What Is Fear?

1. Fear is a magnet that draws the curse.
 - a. Verses 25-26 (NKJV): "For the thing I greatly feared has come upon me, and what I dreaded has happened to me. I am not at ease, nor am I quiet; I have no rest, for trouble comes."
 - b. NLT: "What I always feared has happened to me. What I dreaded has come true. I have no peace, no quietness. I have no rest; only trouble comes."
 - c. Dread is fear in disguise.
 - d. HEB—"I feared a fear and it came upon me."
2. Fear is an apprehension of danger or threat, whether real or perceived.
 - a. Psalm 53:5 (NKJV): "There they are in great fear where no fear was...."
3. Fear is worry, trepidation and anxiety about the unknown future.
 - a. Those things that you rehearse in your thought life will come out of your mouth.
 - b. Self-talk can build worry and dread in our lives.
4. Fear is the expectation of the worst-case scenario.
5. Fear focuses on the dreaded outcome, instead of the desired result.

C. Fear Is the Reciprocal of Faith

1. "Satan cannot do anything to us apart from fear any more than God can do anything for us apart from faith." —Kenneth Copeland
2. *Reciprocal* defined: corresponding but reversed or inverted. The same, only opposite.
3. North and south are directions on a compass. Yet they point in two different directions.
4. Faith and fear are both spiritual forces.
Yet they result in two different outcomes.

Faith results in absolute good and success.

Fear results in absolute evil and failure.

Faith is God's creative power. Its direction is God.

Fear is Satan's destructive power. Its direction is darkness.

Faith is the substance of things hoped for and the evidence of victory not seen (Hebrews. 11:1).

Fear is the substance of things dreaded and the evidence of failure not seen.

- Dread is expectation of something unpleasant or an unwanted outcome.
- Dreading small things is practicing the nature of fear.
- "Faith is the substance of things hoped for."
- If we are not hopeful in any situation, then we are not in faith.
- Bible hope is red-hot expectation of the goodness of God.
- When you're in faith, you know you have it regardless of what is seen.



Jesus is the author and developer of our faith.

Satan is the author and developer of our fear. Some are highly developed in the nature of fear.

Faith comes by hearing and hearing by God's Word.

Fear comes by hearing and hearing by satan's lies.

- Reasoning apart from the Word.
 - It can be due to ignorance or being drawn away.
 - It can be because of what others are saying (outside voices) OR self-talk
(*your inside reasonings* = conclusions based on thoughts and feelings)

Faith relies on what it believes.

Fear relies on what it sees.

Faith is developed by meditating, speaking, repeating and acting on God's Word.

Fear is developed by meditating, talking, repeating and acting on satan's lies.

Faith is acting as though God is bigger than satan.

Fear is acting as though satan is bigger than God.

Faith produces the law of the Spirit of life in Christ Jesus.

Fear produces the law of sin and death.

Faith is activated by speaking things (healing, prosperity, success) that are not as though they were. Faith talks what it knows already is, but not seen.

Fear is activated by speaking things (sickness, lack, failure) that are not as though they were. Fear talks based on confidence that the curse (sickness, lack, failure) is inevitable.

This is the victory that overcomes us—even our fear.

This is the victory that overcomes the world—even our faith.

5. Fear is the absence of faith.
 - a. Mark 4:35-41 (NKJV): "On the same day, when evening had come, He said to them, 'Let us cross over to the other side.' Now when they had left the multitude, they took Him along in the boat as He was. And other little boats were also with Him. And a great windstorm arose, and the waves beat into the boat, so that it was already filling. But He was in the stern, asleep on a pillow. And they awoke Him and said to Him, Teacher, do You not care that we are perishing?' Then He arose and rebuked the wind, and said to the sea, 'Peace, be still!' And the wind ceased and there was a great calm. But He said to them, 'Why are you so **FEARFUL** [FEAR FULL]? How is it that you have **NO FAITH**?' And they feared exceedingly, and said to one another, 'Who can this be, that even the wind and the sea obey Him!'"
 - b. Where did the disciples first display that fear had replaced faith? In verse 38, when they said, "Teacher, do You not care that we are perishing?"



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DAY 3—Redeemed From Fear

A. Luke 21:26—What Are the Effects of Fear on the Human Body?

1. Verse 26: "Men's hearts failing them for fear..."
2. Fear weakens the immune system and can cause cardiovascular damage and gastrointestinal problems, and can lead to accelerated aging, and even premature death. A more commonly known description is "worry," "stress," or "anxiety."
3. Fear decreases the immune system's ability to fight disease.
4. Fear can impair formation of long-term memories and cause damage to certain parts of the brain. This can make it even more difficult to regulate fear and can leave a person anxious most of the time.
5. People become incapacitated when they live in a constant state of fear.
6. Unresolved fear is like a computer program that is continually running.
 - a. Fear in the body is like open apps on a phone.
 - b. The battery will eventually drain.
 - c. We need to shut down all our "fear apps."

B. Hebrews 12:1-2—We Must Eradicate All Fear

1. *Eradicate* = destroy completely; pull it up by the roots, put it to an end
2. Verse 1 (AMPC): "...let us strip off and throw aside every encumbrance (unnecessary weight) and that sin which so readily (deftly and cleverly) clings to and entangles us, and let us run with patient endurance and steady and active persistence the appointed course of the race that is set before us."
3. Not even a little fear is good.
 - a. What about teaching children to be afraid of cars, guns, fire, etc.?
 - b. Do not teach fear—teach respect.
 - c. Do not play with fear! "Boo!" Find another way to have a laugh.
4. We must refuse to put up with, manage or cope with fear.
5. We must adopt a zero-tolerance policy regarding fear.

C. Galatians 3:13-14—We Have Been Redeemed From the Curse of Fear

1. "Christ hath redeemed us from the curse of the law, being made a curse for us: for it is written, Cursed is every one that hangeth on a tree: that the blessing of Abraham might come on the Gentiles through Jesus Christ; that we might receive the promise of the Spirit through faith."
2. The curse of the law is rooted in fear.



3. Deuteronomy 28:66-67: "And thy life shall hang in doubt before thee; and thou shalt fear day and night, and shalt have none assurance of thy life: in the morning thou shalt say, Would God it were even! and at even thou shalt say, Would God it were morning! for the fear of thine heart wherewith thou shalt fear, and for the sight of thine eyes which thou shalt see."
4. NIV: "You will live in constant suspense, filled with dread [*Dread is expectation of something unwanted or bad. It is a satanic trick to draw us into practicing fear.*] both night and day, never sure of your life. In the morning you will say, 'If only it were evening!' and in the evening, 'If only it were morning!'—because of the terror that will fill your hearts and the sights that your eyes will see."
5. Jesus redeemed us from the curse of fear.
6. 1 John 4:18 (NKJV): "There is no fear in love; but perfect love casts out fear, because fear involves torment. But he who fears has not been made perfect in love."
 - a. *Perfect* = mature, developed
 - b. "That's not possible because God loves me."
7. Develop your faith in the love of God to you and then let that love flow through you to others.
8. 1 John 4:16 (NKJV): "And we have known and believed the love that God has for us. God is love, and he who abides in love abides in God, and God in him."

Notes

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DAY 4—Take Authority Over Fear

A. Hebrews 2:14-15—Jesus Defeated the Master Fear

1. The kingpin of fear is the fear of death.
2. Jesus completely defeated the stronghold of all fear.
3. NKJV: "Inasmuch then as the children have partaken of flesh and blood, He Himself likewise shared in the same, that through death He might destroy him who had the power of death, that is, the devil, and release those who through fear of death were all their lifetime subject to bondage."
4. Verse 15 (AMPC): "And also that He might deliver and completely set free all those who through the [haunting] fear of death were held in bondage throughout the whole course of their lives."
5. 2 Timothy 1:7 (NKJV): "For God has not given us a spirit of fear, but of power and of love and of a sound mind."
 - a. If He doesn't give fear—we should not consider it as a tool either.
 - b. However, the truth, warnings, information should be given but with hope in God connected to them.
6. Psalm 34:4 (NKJV): "I sought the LORD, and He heard me, and delivered me from all my fears."

B. Isaiah 41:10-13—We MUST Take Authority Over Fear

1. WE MUST adopt a zero-tolerance policy regarding fear.
 - a. Learn to recognize it.
 - b. Ask Him to reveal it in your life.
2. WE MUST refuse to put up with fear, manage fear or cope with fear.
3. WE MUST completely attack fear, eradicate it and get rid of it.
4. WE MUST obey the 100 Biblical commands to "FEAR NOT!"
5. Verses 10-13 (AMPC): "Fear not [there is nothing to fear], for I am with you; do not look around you in terror and be dismayed, for I am your God. I will strengthen and harden you to difficulties, yes, I will help you; yes, I will hold you up and retain you with My [victorious] right hand of rightness and justice. Behold, all they who are enraged and inflamed against you shall be put to shame and confounded; they who strive against you shall be as nothing and shall perish. You shall seek those who contend with you but shall not find them; they who war against you shall be as nothing, as nothing at all. For I the Lord your God hold your right hand; I am the Lord, Who says to you, Fear not; I will help you!"
6. Hebrews 11:6—Those who come to God "must believe that He is." Is what? God! And "He is a rewarder of those who diligently seek Him." Believe He rewards. With what? Himself! So believe He is a GOOD God who freely gives Himself.





C. In the Name of Jesus, I take Authority Over Fear According to...

1. Psalm 3:6 (AMPC)—“I will not be afraid of ten thousands of people who have set themselves against me round about.”
2. Psalm 23:4 (ESV)—“Even though I walk through the valley of the shadow of death, I will fear no evil, for you are with me.” God is with me.
3. Psalm 27:1 (NKJV)—“The LORD is my light and my salvation; Whom shall I fear? The Lord is the strength of my life; Of whom shall I be afraid?”
4. Psalm 27:3—“Though an host should encamp against me, my heart shall not fear: though war should rise against me,” my confidence is in Him.
5. Psalm 56:4 (NLT)—“I praise God for what he has promised. I trust in God, so why should I be afraid? What can mere mortals do to me?” Think on an eternity level.
6. Psalm 118:6 (NKJV)—“The LORD is on my side; I will not fear. What can man do to me?”—I refuse to fear.
7. Psalm 112:7-8—I shall not be afraid of evil tidings. My heart is fixed, trusting in the LORD. My heart is established. I shall not be afraid.
8. Luke 12:32 (AMPC)—My heavenly Father said, “Do not be seized with alarm and struck with fear, little flock, for it is your Father’s good pleasure to give you the kingdom!” I receive that!
9. Philippians 1:28 (AMPC)—I am “not [for a moment]...frightened or intimidated in ANYTHING by (my) opponents and adversaries.”
10. 2 Timothy 1:7 (NKJV)—“God has not given us a spirit of fear, but of power and of love and of a sound mind.”
11. In the Name of Jesus,
According to the Word of God,
And according to these 10 scriptures,
I take authority right now over fear.

Fear, you bow your knee to the Name of Jesus,
the Name which is above every name.

I remind you, satan, Jesus destroyed the master fear
—the fear of death.

I am free. I’m free from fear. It no longer haunts me.
I’m delivered. I have joy.
The joy of the Lord is my strength.
I’m delivered from fear in Jesus’ Name.



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DAY 5—Three Ways to Get Rid of Fear

A. Psalm 34:1-4—We Can Live Completely Fear Free

1. "I will bless the LORD at all times: his praise shall continually be in my mouth. My soul shall make her boast in the LORD: the humble shall hear thereof, and be glad. O magnify the LORD with me, and let us exalt his name together. I sought the LORD, and he heard me, and delivered me from ALL my fears."
2. We can come to a place in our spiritual walk where there is no fear whatsoever—so determine to live completely void of fear and full of faith.
3. The devil will customize fear so that it feels "normal" to you.

B. Isaiah 41:10-13—Obey the Command

1. Over and over the Lord says, "If you will listen and obey—THE BLESSING will follow."
 - a. Don't be a hearer only (James 1:22).
 - b. Faith comes by hearing the Word (Romans 10:17), but dies fruitless if not acted upon (James 2:17).
2. Verses 10-12 (NKJV): "Fear not, for I am with you; be not dismayed, for I am your God. I will strengthen you, yes, I will help you, I will uphold you with My righteous right hand.' Behold, all those who were incensed against you shall be ashamed and disgraced; they shall be as nothing, and those who strive with you shall perish. You shall seek them and not find them—those who contended with you. Those who war against you shall be as nothing, as a nonexistent thing."
3. The command to "Fear Not!" or "Be not afraid!" appears more than 100 times.
4. I obey the command to fear not!
5. The Great "I AM" is with me.

C. Mark 5:35-36—Take Your Stand

1. Verses 35-36 (NKJV): "While He was still speaking, some came from the ruler of the synagogue's house who said, 'Your daughter is dead. Why trouble the Teacher any further?' As soon as Jesus heard the word that was spoken, He said to the ruler of the synagogue, 'Do not be afraid; only believe.'"
2. Verse 36 (AMPC): "Overhearing but ignoring what they said, Jesus said to the ruler of the synagogue, Do not be seized with alarm and struck with fear; only keep on believing."
 - a. Jairus said nothing. This is "the vocabulary of silence."
 - b. Ecclesiastes 3:7: "A time to keep silence."
3. Psalms 34:4 (AMPC): "I sought (inquired of) the Lord and required Him [of necessity and on the authority of His Word], and He heard me, and delivered me from all my fears."





4. Brother Copeland got in "low slow" when pressure came to react to his great-aunt Eiley being sick.
5. "Drop down into Jesus." —Pastor Clark Taylor
6. There's pressure in trouble. Deal with the pressure so that you can get to the problem.
7. Ephesians 6:13-14 (AMPC): "Therefore put on God's complete armor, that you may be able to resist and stand your ground on the evil day [of danger], and, having done all [the crisis demands], to stand [firmly in your place]. Stand therefore—hold your ground...."
 - a. Do not allow any foothold for fear.
 - b. You will have to keep holding your ground.
 - c. Keep speaking by faith. "It's over!"

D. 1 John 4:18—Walk in Love

1. "There is no fear in love; but perfect love casteth out fear: because fear hath torment. He that feareth is not made perfect in love."
2. *Cast* (GK) = to throw or let go of a thing without caring where it falls
3. NIV—"Perfect love drives out fear...."
 - a. *Perfect* = mature, developed
4. MSG—"Well-formed love banishes fear...."
5. Mark 4:35-41 (NKJV): "On the same day, when evening had come, He said to them, 'Let us cross over to the other side.' Now when they had left the multitude, they took Him along in the boat as He was. And other little boats were also with Him. And a great windstorm arose, and the waves beat into the boat, so that it was already filling. But He was in the stern, asleep on a pillow. And they awoke Him and said to Him, Teacher, do You not care that we are perishing?' Then He arose and rebuked the wind, and said to the sea, 'Peace, be still!' And the wind ceased and there was a great calm. But He said to them, 'Why are you so fear full? How is it that you have no faith?' And they feared exceedingly, and said to one another, 'Who can this be, that even the wind and the sea obey Him!'"
 - a. They didn't believe His love and opened the door for fear to move in.
 - b. We must use our authority as believers to overcome the storms of life.
6. 1 John 4:16 (NIV): "And so we know and rely on the love God has for us. God is love. Whoever lives in love lives in God, and God in them."
 - a. First—Believe His love for us.
 - b. Second—Live in His love through us.
 - c. Unforgiveness is spiritually weakening and debilitating.
 - d. Faith works by love (Galatians 5:6). Without faith in His love working by His love, we have no defense against fear.
7. 1 John 4:18 (AMPC): "There is no fear in love [dread does not exist], but full-grown (complete, perfect) love turns fear out of doors and expels every trace of terror! For fear brings with it the thought of punishment, and [so] he who is afraid has not reached the full maturity of love [is not yet grown into love's complete perfection]."



E. My Declaration of Freedom From Fear

I declare today:

I am free from fear.

I refuse to fear any longer.

I am delivered from ALL fear.

Jesus defeated the fear of death.

Therefore, I am redeemed

From the curse of fear.

I have a zero-tolerance policy where fear is concerned.

NO FEAR HERE!!

NO MORE FEAR!!

I obey the command to FEAR NOT.

I completely eradicate it from my life.

I am not afraid of the devil.

I am not afraid of people.

I am not afraid of situations.

I am not afraid of my future.

My future is in God's hands.

I take my stand.

I walk in love.

Perfect love casts out fear.

I am living FEAR FREE and FAITH FULL.

In Jesus' Name.

Notes

