



GOD'S NO-FAIL PLAN FOR HEALTH AND HEALING

GLORIA COPELAND

ORIGINAL AIR DATE: DECEMBER 13, 2010

MARCH 23-27, 2020

DAY I – HOW TO LIVE LONG AND HEALED

The key to prosperity, healing and a happy life is to keep God's commandments. If you want to live long and strong you can do it on the Word of God. Our commandment is to walk in love. Anyone can have victory in this life. We give God place; we obey Him, and the things He tells us to do bring us health.

STUDY IT

- I. The key to prosperity, healing and a happy life is to keep God's commandments (Proverbs 3:1-2, *AMPC*).
 - You are a spirit, you have a soul and you live in a body.
 - When you die, your spirit will leave your body. Death is a departure, it's a "leaving."
 - Then what? You have to make your reservations of where you will go ahead of time—in this life.
 - If you don't make reservations, your lodging will be decided for you; and it won't be pleasant.
 - So, make Jesus Christ the Lord of your life, so heaven can be your eternity.
 - Those of us who have been born again don't have anything to fear in death.
- II. If you want to live long and strong you can do it on the Word of God.
 - Do God's commandments in the earth and things will go well for you (Proverbs 3:1-2, *AMPC*).
 - Brother and Sister Copeland have been walking in God's Word for many years, and things have gone well for them.
 - The life of God in you will quicken your mortal flesh.
 - If you don't feel good in the morning, feed on the Word of God, attend to the Word—it's life to your flesh.





III. Our commandment is to walk in love.

- Love is not touchy, fretful or resentful; and pays no attention to suffered wrong (1 Corinthians 13:5, *AMPC*). We can live free.
- Walking in love will lengthen your days. When someone does you wrong, don't give them any thought.
 - Taking offense is strife. Forgive them and walk away.
- Love never fails (1 Corinthians 13:8). Why? Because love forgives. That's how to live long and healed.
- We have to learn how to be peace-loving people. If we want to live long, we can't be overly sensitive.

IV. Anyone can have victory in this life.

- We acknowledge God by seeing what the Word says and doing it.
 - That makes our paths straight and plain (Proverbs 3:6).
- A key to good health and to THE BLESSING is to turn entirely away from evil (Proverbs 3:7, *AMPC*).
 - If we want to live free, prosper supernaturally and live whole, we cannot live like the world, feed on evil and listen to cursing all the time.
- We're not under the curse, we're in the BLESSING.

V. We give God place; we obey Him, and the things He tells us to do brings health.

- Some people are sick because they eat food that's unhealthy.
- You can't watch trash and trash not get in you.
- Don't let strife get in you. It's confusion and every evil work (James 3:16).
- It's health to your body to keep your eyes and ears in the right place and obey God (Proverbs 3:8, *AMPC*).
- You should walk in the fruit of the spirit—love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, self-control (Galatians 5:22-23, *AMPC*).
 - When we are born again, the fruit of the spirit is in us.
 - This other trash—rage, violence and cursing—is on the outside.
 - We need to learn to live from the inside out.
- The fruit of the spirit is life and health for the body, and as believers, we should live a long, strong life.
- Heaven's a real place, and we plan to go there.
 - But while we're in our bodies, we believe to stay healed and to live out the full number of our days.





MAKE IT PERSONAL

Gloria Copeland said that if we want to live free, prosper supernaturally and live whole, we cannot live like the world, feed on evil and listen to cursing all the time.

We need to keep our hearts and minds clear by avoiding the ways of the world. **We are not under the curse; we're in THE BLESSING.**

Pray this prayer with us:

*Father, we know we are living **in** the world, even though as Your children, we are not **of** the world. Please help us protect our eyes, ears and hearts from evil. Teach us what to do to obey You and enjoy THE BLESSING. Thank You, Father. We pray this in Jesus' Name. Amen.*



GOD'S NO-FAIL PLAN FOR HEALTH AND HEALING

GLORIA COPELAND

ORIGINAL AIR DATE: DECEMBER 14, 2010

MARCH 23-27, 2020

DAY 2 – GOD'S WORD WILL STRENGTHEN AND HEAL YOUR BODY

We ought to live on earth in a way that we are ready to leave this body at any moment. Our born-again spirit is stronger and more powerful than our body. Those who wait on and pay attention to the Lord will be strong. The Word of God will work for anyone who will do it. Prayer will change your life. Every moment you give to God will bring great dividends. It is God's will for you to be healed!

STUDY IT

- I. We ought to live on earth in a way that we are ready to leave this body at any moment.
 - We walk in love, and we keep the Word of God with our body armor on.
 - While we're here on earth, we want to stay strong and stay well.
 - We don't have to get weak, because we live on the Word of God.
 - God gives power to the faint and the weary (Isaiah 40:29-31, *AMPC*).
 - "They shall run and not be weary." We walk and do not faint or become tired.
 - We ought not be tired. You don't have to be tired to die—just go on to heaven.
- II. Our born-again spirit is stronger and more powerful than our body.
 - Our spirit can give life to our body.
 - God gives power to those who are tired and worn out.
 - "Have you never heard? Have you never understood? The Lord is the everlasting God, the Creator of all the earth. He never grows weak or weary. No one can measure the depths of his understanding. He gives power to the weak and strength to the powerless" (Isaiah 40:28-29, *NLT*).
 - God will quicken, or make alive, your mortal flesh (Romans 8:11).
 - Put the right words in your mouth to strengthen your body.
 - Say, "The life of God is working in me. The Spirit of God is quickening my mortal flesh. I'll live and not die and I will live out the full number of my days."





- III. Those who wait on and pay attention to the Lord will be strong.
- Your body will be better, your spirit will be stronger, your circumstances will be better and your finances will increase.
 - Make this declaration: "Christ is my Savior. God meets my needs by my Savior, Christ Jesus" (see Philippians 4:19).
- IV. The Word of God will work for anyone who will do it.
- Brother and Sister Copeland experienced increase by believing and speaking God's Word. God always comes through.
 - Those who wait, serve, minister, spend time with Him will find new strength.
 - Spiritual strength comes from the Word of God (Isaiah 40:29).
 - Stay active in the Word all week. Don't wait until Sunday.
- V. Prayer will change your life.
- Gloria Copeland began to pray in the spirit an hour a day. She was praying specifically for her son, John, when he was a teenager. He began to change and became a good man.
 - Gloria continued to pray an hour a day because that time spent with God affected her life in too many ways to quit.
 - When she first began to pray for an hour, it required self-discipline—it was hard! But in time, her prayer time became a major force in her life.
 - Give God some time every day to strengthen you. It's your contact with God to give Him a way to come in and help with your life.
 - Those who wait on the Lord won't give up, quit or become exhausted.
- VI. Every moment you give to God will pay great dividends.
- You are a spirit, God is a Spirit, and you make contact with Him in your prayer time spirit to Spirit.
 - The opposite of spending time with God is to go the way of the world. The world is crazy. If you follow it, you'll end up crazy.
 - The more we obey God, the more we let THE BLESSING into our lives.
 - God's not going to bless wickedness. He's not going to bless disobedience.
 - Iniquity will be purged from your heart as you spend time in God's Word (Proverbs 16:6, *AMPC*).
 - "When a man's ways please the Lord, He makes even his enemies to be at peace with him" (Proverbs 16:7, *AMPC*).
 - The Lord directs your steps; He makes them sure (Proverbs 16:9, *AMPC*).
 - The Copelands didn't gain a whole lot of ground until they began to learn about faith.
 - The born-again life is the good life, but you have to yield to God for circumstances to change.



- VII. It is God's will for you to be healed! By Jesus' strips you were healed (1 Peter 2:24).
- When you get a symptom, think about Jesus first.
 - Jesus is your Savior from sin, sickness, disease, poverty and all of the curse. You've been delivered from the whole curse.
 - We are the healed.
 - Say: "I am the healed. He bore my sin, sickness and disease. Jesus is my Savior from sin, my Savior from sickness, my Savior from disease, my Savior from poverty. All that's in the curse Jesus bore for me. I am the healed. The devil tries to take my health from me, but he's a defeated foe. Jesus whipped the devil badly, and he's never gotten over it."

MAKE IT PERSONAL

God's Word is powerful so it's vital to remind yourself what He promises you.

God's Word will **strengthen** your body.

Write Isaiah 40:31 from the Bible you normally use.

God's Word will **heal** your body.

Write Psalm 103:3-4 from the Bible you normally use.



GOD'S NO-FAIL PLAN FOR HEALTH AND HEALING

GLORIA COPELAND

ORIGINAL AIR DATE: DECEMBER 15, 2010

MARCH 23-27, 2020

DAY 3 – RESIST THE CURSE TO TAKE YOUR HEALING

The key to your divine health is to receive Jesus' sacrifice. Man is a three-part being: spirit, soul and body. We have to live like God says to live if we want THE BLESSING unhindered. Resist the curse and take your healing.

STUDY IT

- I. The key to your divine health is to receive Jesus' sacrifice.
 - “Surely He has borne our griefs (sicknesses, weaknesses, and distresses) and carried our sorrows and pains [of punishment], yet we [ignorantly] considered Him stricken, smitten, and afflicted by God [as if with leprosy]” (Isaiah 53:4, *AMPC*).
 - Everything outside the realm of well-being is part of the curse that Jesus bore for us, including every sickness and disease, and a lack of peace.
 - God said, “If you'll obey Me, all these BLESSINGS will come upon you” (Deuteronomy 28:1).
 - Whatever is missing in your life is yours to receive through Jesus.
 - *Peace* means “nothing missing, nothing broken, wholeness,” and it's yours to receive.
- II. Man is a three-part being: spirit, soul and body.
 - God has given us the new birth for our spirits, the Word of God for our souls to teach us; and with the stripes that wounded Jesus, we are healed in our bodies.
 - Jesus bore everything for us. He took it all upon Himself, so we could be delivered.
 - You've been delivered by Jesus personally from every sickness, weakness and pain; and well-being in your finances is included.
 - Under THE BLESSING, everything is taken care of.
 - You receive THE BLESSING when you receive Jesus as your Lord and Savior.
 - You are healed, saved and totally provided for.





- III. We have to live like God says to live if we want THE BLESSING unhindered.
- THE BLESSING includes divine health, prosperity and more.
 - Get born again, and then get filled with the Spirit of God.
 - Faith, and acting on faith all goes together.
 - After you get born again, a good next step is to study the fruit of the spirit, and realize what is inside of you.
 - Learn how to yield to the fruit of the spirit: to enjoy love, joy, peace, patience, kindness, goodness, faithfulness, gentleness and self-control.
 - If it's against the fruit, don't do it.
 - Don't entertain worry or unbelief. God doesn't work by worry, fretting, unbelief or fear—that's not faith.
 - God gives us the fruit of the spirit which enables Him to work in us.
- IV. Resist the curse and take your healing.
- Don't fret about your body or symptoms, but let God overcome it His way.
 - Pain is obnoxious and aggravating. It is under the curse.
 - Stay in the Word—yield to the Word, not to the problem.
 - You have the Name of Jesus if you are born again. Rebuke that pain in the Name of Jesus, and don't be moved by it.
 - We resist the curse. Speak to it: "No, pain! I'll not have you!" Jesus Himself took the disease. By Jesus' stripes we *were* healed (1 Peter 2:24).
 - Don't let the devil get away with anything in your life. Don't let him take from you.
 - He's a thief. Nothing belongs to him. He's not important.
 - The devil is a highly developed liar, a deceiver, a trickster. He tries to get you to believe that God doesn't care for you. It's a lie!
 - God, the Father, Jesus and the Holy Spirit are important.
 - God loves you! He gave Jesus for you.
 - Receive the infilling of the Holy Spirit right now.
 - When we receive the Holy Spirit, we receive power.

MAKE IT PERSONAL

Make this declaration:

Father, I take the healing Jesus purchased for me. I resist the curse. I resist the devil. I choose You, Father. I choose to be healed and BLESSED today and every day.





GOD'S NO-FAIL PLAN FOR HEALTH AND HEALING

GLORIA COPELAND

ORIGINAL AIR DATE: JUNE 28, 2012

MARCH 23-27, 2020

DAY 4 – SET YOUR COURSE FOR HEALING AND LONG LIFE

Set your course for healing and long life. We walk upright, circumspectly, on purpose. THE BLESSING works because we believe what the Word says—that's faith. It's our privilege to live a long life.

STUDY IT

- I. Set your course for healing and long life.
 - We should expect a long and satisfied life (Psalm 91:16), and we take healing and a long life by faith.
 - God calls His Word medicine to us.
 - Have a healing attitude (Psalm 103:1). The first thing we should think when feeling sick is: *What does God say about it?*
 - When we make a mistake, we have a way to recover (Psalm 103:2-3).
 - We can say: "Lord, I missed it. I repent and receive my forgiveness." All of our sins are forgiven.
- II. We walk upright, circumspectly, on purpose. We stay in the Word and obey it.
 - When you stay in the Word rarely will you be bothered by a symptom.
 - The most wonderful healing scripture in the Bible is 1 Peter 2:24: By His stripes you were healed.
 - He bore the curse for us. Jesus took care of it, so THE BLESSING could come on us.
 - Don't let sin stand between you and your healing.
 - The Lord heals ALL your disease. That means you don't have any diseases—cancer, heart trouble, hurt finger—from big things to little ones (Psalm 103:3).
 - You are living in THE BLESSING, which is higher and more powerful than the curse.
 - THE BLESSING redeems your life from destruction (Psalm 103:4).
 - You are healed, saved and crowned with lovingkindness and tender mercies.
 - Your youth has been renewed (Psalm 103:5).





- What you receive, act on, take and talk about is what you get and keep.
 - We're either in faith or out of faith.
- III. THE BLESSING works because we believe what the Word says—that's faith.
- Deuteronomy 28 contains a description of THE BLESSING and the curse.
 - Adam and Eve disobeyed God. They ate the fruit of the tree of knowledge of good and evil. They fell from THE BLESSING to the curse.
 - If we do things that bring life, we can live the full number of our days.
 - We have the ability to live this great life because the Lord is merciful, gracious and slow to anger.
 - Those who fear Him are those who honor Him enough to obey Him and do what He says.
- IV. It's our privilege to live a long life.
- We know it is God's will for us to live out the full number of our days, and the way we do that is by obeying Him.
 - By putting the Word in our eyes and ears, getting it in our hearts and keeping it is how we get healed and stay healed (Proverbs 3:1).
 - We are a very privileged people in that we were taught to stay in the Word and obey it. We know we are to be loyal to the Word of God.
 - Feed yourself with the Word of God and you'll see what to do in every situation.
 - Learn how to live by faith and take the Word literally.
 - When you obey the Word, that sets you on a course of healing, health and long life.
 - When symptoms come, say, "No you don't! You get off my body. I'm not having that." Rebuke the sickness.
 - When we do what the Word says, we live in divine health.
 - We're called to obey the Word of God.

MAKE IT PERSONAL

Choose to believe and receive THE BLESSINGS as listed in Psalm 103. Write them here to help you remember.



GOD'S NO-FAIL PLAN FOR HEALTH AND HEALING

GLORIA COPELAND

ORIGINAL AIR DATE: JUNE 29, 2012

MARCH 23-27, 2020

DAY 5 – STAND YOUR GROUND AND TAKE YOUR HEALING

The woman with the issue of blood is famous because she stood her ground and *took* her healing. Faith *takes* anything you need—even wisdom. Today, we *take* healing. Let's read about Jesus on the cross, and what He bore for us.

STUDY IT

- I. The woman with the issue of blood is famous because she stood her ground and *took* her healing (Mark 5:23-34).
 - Jesus was having a healing meeting. Jairus wanted Jesus to come pray for his daughter who was ill.
 - Your faith is always declared with your words.
 - If you're speaking sickness, you don't have any faith in healing.
 - Likewise, if you're speaking healing, you don't have any faith in sickness. You have what you say.
 - The woman said and did it. She made the determination and spoke it with her words.
 - She received her healing. To *receive* means "to take." It's an action word.
 - At the first sign of a symptom, "take" your healing immediately, and say, "No, you don't, sickness. I rebuke this, and I'll not have it."
 - Get bossy with the devil. Use God's Word and your faith on the devil.
 - Here's how faith works:
 - Say it.
 - Act on it.
 - Receive (Take) it.
 - Tell it.
- II. Faith *takes* anything you need—even wisdom (James 1:5).
 - We ask in faith, "Lord, show me what to do about this."
 - We fight the fight of faith; we keep saying that Jesus has healed us.
 - He is the Healer. He wants us well. By His stripes we *were* healed (1 Peter 2:24)!





III. Today, we *take* healing.

- When we say the right things, the right things happen.
- Remember: Faith takes it! Faith doesn't just lie down and hope so.
 - If you want an answer to your prayers—take it when you pray.
- If you don't need healing, make a strong statement of faith about living healed.
- Jesus bore the price and took the whole curse. We're not under the curse.

IV. Let's read about Jesus on the cross and what He bore for us in the *Amplified Bible, Classic Edition*.

- "Who has believed (trusted in, relied upon, and clung to) our message [of that which was revealed to us]? And to whom has the arm of the Lord been disclosed? For [the Servant of God] grew up before Him like a tender plant, and like a root out of dry ground; He has no form or comeliness [royal, kingly pomp], that we should look at Him, and no beauty that we should desire Him. He was despised and rejected and forsaken by men, a Man of sorrows and pains, and acquainted with grief and sickness; and like One from Whom men hide their faces He was despised, and we did not appreciate His worth or have any esteem for Him. Surely He has borne our griefs (sicknesses, weaknesses, and distresses) and carried our sorrows and pains [of punishment], yet we [ignorantly] considered Him stricken, smitten, and afflicted by God [as if with leprosy]. But He was wounded for our transgressions, He was bruised for our guilt and iniquities; the chastisement [needful to obtain] peace and well-being for us was upon Him, and with the stripes [that wounded] Him we are healed and made whole" (Isaiah 53:1-5).

V. When Jesus was on the cross, He bore the curse for us.

- Everything He bore, I am free from, and I can live free.
- We take healing when we're well, too.
- We are going to take our healing
- Speak this confession out loud:
 - Jesus, You are my Savior. You are my Healer. I thank You that You bore my sicknesses, carried my diseases, and by Your stripes I am healed. And on the basis of that word, I take my healing in faith. I receive my healing.
 - Sickness, disease, infirmity, inability to move, every sickness, every disease is under that curse. Every malfunction is under that curse. Heart trouble is under the curse. Every cancer is under the curse. Every sickness is under the curse. In the Name of Jesus, I command my body to be made whole. I am healed. I am saved. I am delivered. I rebuke drugs, alcohol and any kind of bad habit that's not pleasing to God. I cast it out. I am delivered from every





evil work. I am healed of every sickness and disease, and I take my healing now! In Jesus' Name, it's mine!

- Begin to act on it. Do what you couldn't do before.
- Take your healing.
- Be made whole in the Name of Jesus.

MAKE IT PERSONAL

It's God will for you to be healed! Take your healing, now! We want to celebrate with you. [Click here to share your testimony.](#) or [contact us on Facebook™](#).

We want to partner with you. Together we can share the gospel all over the world. To find out more about partnership, [click here](#), or call us today at 1-800-600-7395.

