



Refuse to Stress!



An InstaBook by
Mylon and Christi Le Fevre

The world is going faster and faster.

People keep borrowing money to try and keep up with the Joneses. Giving in to stress and pressure, they find themselves at the end of their ropes.

But God told us to enter His rest
by faith.

In the natural, you may not feel like you can do that. You may feel like you've tried everything possible. Maybe you've tried positive thinking, changing your habits or even pills. The problem is, you can't just solve it in the natural. You need to look to the Lord—because you can do all things through Christ who strengthens you (Philippians 4:13).

Just listen to what Jesus Himself said:

“Come to me, all of you who are weary and carry heavy burdens, and I will give you rest” (Matthew 11:28, *NLT*).

Do you hear what He's saying?
Jesus *wants* to take your stress
and pressure.

He goes on to say, "Take my yoke
upon you. Let me teach you, because
I am humble and gentle at heart,
and you will find rest for your souls"
(verse 29, *NLT*).

Jesus *wants* you to rest in Him.

The writer of Hebrews said, “God’s promise of entering his rest still stands...For only we who believe can enter his rest” (chapter 4:1, 3, *NLT*).

If you believe in God, this was written to you. You can enter His rest because you believe in Him.

It’s for you.

This Christmas season may feel like it's full of hustle and bustle. You may be believing for finances or just stressed from everything you have to do.

If that's you, take courage. God has a supernatural gift for you this Christmas.

As a believer, He wants you to enter His rest.

THE END

Join Mylon and Christi on
On the Road to Freedom on



Visit **GoVictory.com**
for ways to watch and airtimes.