

BE THE PERFECT "YOU"

KENNETH AND GLORIA COPELAND AND DR. CAROLINE LEAF

DAY 1 – THE GIFT OF UNIQUE THINKING

The law of the brain is diversity. We are all different in the way we process our thoughts. Dr. Leaf has developed a profile that shows us our uniqueness.

STUDY IT

- The gift that God has given us is a unique way of thinking.
- Our brains are wired for love, so that's how we operate best—by allowing our brains to be saturated with thoughts of God's love.
- Our part is to change the attitude of our minds from "I can't," to "I can through Christ."
 - *I can do all things through Christ who strengthens me.* (Philippians 4:13, NKJV).
- Change your mind by practicing thoughts of love and victory.
- Direct your attention to the way God thinks, and your brain will change course to agree with what God intended.
- When you think like God thinks, you will activate every zone of your brain.
- What you think about changes the physical structure and function of the brain.

Additional scriptures: Psalm 103:20; Isaiah 53:5; Romans 5:20; John 1:1; Matthew 1:23; Matthew 7:7-8; 2 Corinthians 10:5; Isaiah 42:5; Ephesians 4:15-22; Proverbs 4:20-22; Ephesians 5:22-31 Genesis 2:24; Psalm 91:7; Romans 10:17

MAKE IT PERSONAL

Make this confession every day:

I can, through Christ, live an abundant life. I can, through Christ, make good decisions. I can, through Christ, be victorious every day. And I will!



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DAY 2 - BE THE PERFECT "YOU"

In order to be what God created you to be, each thought is processed through the seven pillars of your brain in your own unique way.

STUDY IT

- When you choose to walk in love, you activate correct thinking, and you operate in the right way.
 - *And now, dear brothers and sisters....fix your thoughts on what is true, and honorable, and right, and pure, and lovely, and admirable. Think about things that are excellent and worthy of praise (Philippians 4:8, NLT).*
- After taking Dr. Leaf's profile, you discover that the pillar with the highest score reveals the way you pay attention.
- The pillar with the second highest score is the one that begins building a temporary memory for what you heard.
- The third highest scored pillar confirms what you heard—asks "is it accurate?"
- The fourth highest pillar in your score integrates—links new information with existing memories.
- Finally, the fifth highest scored pillar applies what you heard.

Additional scriptures: Isaiah 26:3; 2 Corinthians 10:3-5; Ephesians 6:10, 5:2, 26;
Romans 12:1, 8:6-7; James 3:16; 1 Corinthians 10:13, 13:5;
Hebrews 11:6; Acts 20:24; 1 John 4:18; Mark 11:25; Ephesians 5:26;
Proverbs 18:14 AMP

MAKE IT PERSONAL

Using Philippians 4:8 as a guide, write what kind of thoughts you will choose to think.





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DAY 3 - ADDICTED TO GOD

Addiction is not bad, it's what a person is addicted to that makes it bad or good. We can become addicted to doing what is right.

STUDY IT

- Your life is directed by your choices.
- God has chosen you—now you must choose Him.
 - *Today I have given you the choice between life and death, between blessings and curses (Deuteronomy 30:19, NLT).*
- Habits are automatized into your brain.
- As soon as you confess your sin, you are forgiven. But there is work to be done to overcome those bad habits.
- It takes 63 days to implant something into the network of our brains.
- As you practice thinking godly thoughts for at least 63 days, you are literally becoming addicted to that concept or that thought.

Additional scriptures: Mark 11:25; Deuteronomy 30:19-20; Galatians 3:29;
1 Corinthians 15:3, 2:16, 16:14-16; Revelation 1:18;
John 16:9,10:10; Luke 4:18; 1 John 2:27, 1:9; Galatians 5:17;
James 1:21; Proverbs 23:7; Hebrews 4:12; Romans 12:2;
1 Peter 1:23; John 6:37, 3:7; Romans 10:9-10

MAKE IT PERSONAL

Read this prayer every day:

Heavenly Father I choose to forgive, because You forgave me. Thank You for helping me implant Your Word into my brain and my heart, so that I may be what You called me to be.



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DAY 4 – THINK IN SUPER POSITION

Super position means you are in a neutral state considering the value of two separate options. You can see both options, and you will choose one or the other.

STUDY IT

- To function in the kingdom of God, you must stay rooted and grounded in love.
 - *Then Christ will make his home in your hearts as you trust in him. Your roots will grow down into God's love and keep you strong (Ephesians 3:17, NLT).*
- To live in love, you must forgive those who have wronged you.
 - After you forgive them, surround that person with thoughts of love and faith each time he or she crosses your mind.
- God created us wired for love, but we have to choose to activate it; to partner with God; to step into what He has already given us. It doesn't just jump into our heads, we have to choose it.
- Thoughts and networks in our brains that are not fed, die.
- When the old destructive thought is dead, it will try to rebuild again. To prevent this, practice the new thoughts until they become implanted in your brain.

Additional scriptures: Deuteronomy 30:19; John 10:10; Ephesians 3:14-19;
1 Corinthians 2:16; Proverbs 23:7; Hebrews 11:1; Mark 11:23-24;
Matthew 6:25-34, 7:14; Romans 10:17; 1 John 4:18; Galatians 5:6

MAKE IT PERSONAL

Write the names of people you have forgiven and about whom you have chosen to think thoughts of love and faith.



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DAY 5 - WHAT HAPPENS TO MY BRAIN WHEN I FORGIVE?

When we forgive, we separate ourselves from the hurtful effects of the event, and even from the one who wronged us.

STUDY IT

- Every time you apply any of the principles of God, your brain and body get better.
- When we don't forgive, we create gift blockers in our brains.
- Unforgiveness blocks our ability to think clearly and to use the different parts of our brains like we should.
- When we forgive, we bring the memory/thought from the non-conscious mind to the conscious mind, and we get free from the damaging effects.
 - *Casting all your care upon Him, for He cares for you (1 Peter 5:7, NKJV).*
- Every time you pray, continue the prayer by forgiving.
 - *And whenever you stand praying, if you have anything against anyone, forgive him, that your Father in heaven may also forgive you your trespasses (Mark 11:25, NKJV).*

Additional scriptures: Ephesians 4:22-5:4; Colossians 1:15-17; Ephesians 4:16;
Proverbs 26:2; 2 Thessalonians 1:6; Matthew 5:44; Ephesians 5:14;
Mark 11:22-25; Matthew 7:7-8; 2 Timothy 2:3; Psalm 127:2;
Mark 4:14-15; Galatians 6:6-8, 5:22-23

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WORDS FROM THE LORD

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DAY 1 – THE GIFT OF UNIQUE THINKING

KC: Here's what I heard from The LORD: If you have any kind of problem with your brain, or with your mind, particularly, then you listen up today. Glory to God! Your healing is in place. The chastisement of our peace was upon Jesus on the cross. Now, it's very specific because The WORD said He bore our sins in His own body. Then, He bore our griefs and our sorrows. He bore our sicknesses, diseases, weaknesses and pain, all of that. But then it says, very specifically, "And the chastisement of our peace was upon Him." That's peace of mind.

KC: The healing for your body is here right now. And, your brain is part of that. In fact, let me tell you that—I just heard The LORD say this. Put your hand right on your forehead right there like that and say, "Oh, LORD Jesus, I receive my peace, my peace of mind. And I receive the healing for my brain, healing for this physical organ. And, I give You praise and thanksgiving for healing of brain damage, trauma, things that medical science said could never be fixed. But, Your WORD says it has been fixed. And, I take it. It's mine! Hallelujah!" Now, you can praise God and run around the room there if you like, because it is for you right now.

DAY 3 – ADDICTED TO GOD

KC: I want you to listen to this very carefully, because—I don't care who you are, I don't care where you are, and you very well could be incarcerated in the penitentiary somewhere—God has chosen you. He's made His choice.

DAY 5 – WHAT HAPPENS TO MY BRAIN WHEN I FORGIVE?

KC: Somebody was just healed of a broken ankle. God just healed that ankle right then, in the Name of Jesus. Eyes are being healed all throughout this radio and television audience. Eyes are being healed. Minds, worried, sick minds are being healed. Brain damage is being healed right now. Traumatic damage of the brain is being healed by the power of God right now. Thank You, in the Name of the Lord Jesus Christ.

