



## UNIQUELY MADE, UNIQUELY YOU

KENNETH AND GLORIA COPELAND AND DR. CAROLINE LEAF

### DAY 1 – MADE IN GOD’S IMAGE

God is love, and we are made in His image. Therefore, our minds and our brains operate at peak efficiency when they work in love.

### STUDY IT

- Man’s brain is wired to operate in God’s love.
  - *And we have known and believed the love that God has for us. God is love, and he who abides in love abides in God, and God in him. There is no fear in love; but perfect love casts out fear, because fear involves torment. But he who fears has not been made perfect in love* (1 John 4:16,18, NKJV).
- We are designed to think well, choose well and build healthy thoughts.
- We have to *learn* fear—it’s not a natural response.
- If we make wrong choices, we actually create brain damage, and that creates chaos in our brains.
- We were created perfect, but we’ve chosen to add imperfect programming to our minds.
- We can renew our minds—our thoughts can be brought in line with God’s Word.

Additional scriptures: 1 John 4:16,18, 5:18; Genesis 1:26; Luke 16:19-31; Hosea 4:6;  
Ecclesiastes 7:29; John 8:44; Romans 12:2; 2 Corinthians 10:5;  
Philippians 4:6-8

### MAKE IT PERSONAL

Describe a wrong choice you made and how it has affected you:

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### DAY 2 – DESIGNED BY LOVE

We are wired for God's love, so when we align and connect to what God tells us to do, then we will think correctly, and our brains will do what they are supposed to do.

### STUDY IT

- You have the power of God at your disposal to command your mind as to what to think, what to say and what to do. You have control.
- Choose to think about godly things.
  - *Finally, brethren, whatsoever things are true, whatsoever things are honest, whatsoever things are just, whatsoever things are pure, whatsoever things are lovely, whatsoever things are of good report; if there be any virtue, and if there be any praise, think on these things (Philippians 4:8, KJV).*
- Your brain is what your mind uses to direct your emotions and body to work properly.
- When toxic thoughts come, take responsibility and refuse those thoughts.
- With the power of God, you can choose to bring recovery to your mind and brain using His Word.

Additional scriptures: Isaiah 55:8-9; Romans 12:2; John 15:5; 2 Timothy 1:7;  
Mark 4:14-20; James 1:13-16; Matthew 5:48; 2 Corinthians 10:3-5;  
John 1:1; 1 Peter 5:6-10; Hebrews 12:1; Matthew 18:16

### MAKE IT PERSONAL

Say this every day:

*My mind is my mind. I think what I choose to think. Neither the devil nor anyone else can make me think what I don't want to think. I choose to think in line with the Word of God.*



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### DAY 3 – UNIQUELY MADE, UNIQUELY YOU

Each person is a gift of God. We should not envy others. We should celebrate who we are, and who they are.

### STUDY IT

- We must recognize the unique, individual nature of man. Our minds are designed to be unique, therefore we think differently from each other.
  - *I will praise You, for I am fearfully and wonderfully made* (Psalm 139:14, NKJV).
- Our intelligence continues to develop throughout our lives.
- IQ tests and personality profiles limit our understanding of our intelligence and uniqueness.
- God inspired Dr. Leaf to develop a theory that will teach us the ways in which we are unique, and how our minds can change our brains.
- We are unique in how we process information and discipline our thought life.
- A thought is a memory—it takes 63 days to build a stable memory.
- A memory is an implantation (planting a seed).
- We can implant toxic memories that will cause chaos, or good memories that lead to a healthy body, good decisions and a good life.

Additional scriptures: John 8:28-29, 14:26; 2 Timothy 2:15; Matthew 7:1-5;  
1 Corinthians 13:4; Ephesians 5:2; John 10:10; Romans 10:17;  
James 1:21; Matthew 12:34-35; Mark 4:3-20; Romans 10:9-10

### MAKE IT PERSONAL

Write a good memory you have planted in your brain.

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### DAY 4 – MAKE THE DECISION TO CHANGE YOUR MIND

You are transformed by the Word of God—but as a new creature you must be changed from the inside out. Ask God to help you change your thoughts, and to help you think in line with His Word.

### STUDY IT

- A corrupt mind will produce a corrupt brain that, in turn, will corrupt the whole physical body.
  - *...be transformed by the renewing of your mind* (Romans 12:2, NKJV).
- You have to make the decision to change your mind—to purge yourself—and to do those things that God has already said to do.
- The brain can be separated into seven different pillars that go all the way through the entire brain (see Day 5).
- We all have the same pillars and the same brain structure. How we use those seven pillars of thought produces our uniqueness.
- When you use all seven pillars in a God-designed designated way, your gift will be in operation, and you'll be thinking clearly.

Additional scriptures: 1 Timothy 6:3-5; 2 Timothy 2:20-26; Isaiah 55:8-9; Genesis 1:26; 1 Peter 1:22-23; Ephesians 5:30; 2 Corinthians 5:17-18; Genesis 2:23; 1 Corinthians 2:16; Philippians 4:13; Revelation 3:20; Proverbs 9:1-11; Romans 12:2

### MAKE IT PERSONAL

Pray this prayer daily:

*Heavenly Father, I ask You to forgive and deliver me from wrong thinking and wrong choices. I choose to change my thoughts to match Your thoughts, and I receive Your guidance and help. Thank You, Sir. In Jesus' Name, Amen.*



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### DAY 5 – THE SEVEN PILLARS OF THINKING

There are seven pillars in your brain. A thought has to go through all seven pillars for you to build a thought properly. They all work together.

### STUDY IT

- Learning is a result of thinking.
- Each of the seven pillars is responsible for a specific type of thinking.
  - Intrapersonal—governs the thought interacts with your core values.
  - Interpersonal—determines how the thought affects your relationships.
  - Words spoken and written—verbalizes the thought.
  - Logical/mathematical—tries to understand the thought logically.
  - Kinesthetic—applies movement to the thought as necessary.
  - Music—attempts to understand all facets of the thought using intuition.
  - Visual/Spatial—through imagination, “sees” the thought with your mind’s eye.
- Your uniqueness comes from how you use these pillars of thinking and how long you spend in each zone.

Additional scriptures: Romans 1:17; John 3:3; Acts 2:1-4; 1 Corinthians 12:4-11;  
Matthew 5:18; Proverbs 9:1-11; 2 Corinthians 3:18; Ephesians 4:16;  
Galatians 6:6-8; Mark 4:17-20

### MAKE IT PERSONAL

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