



FRUIT AND FREEDOM IN ONENESS WITH GOD

Gloria Copeland and Kellie Copeland

DAY 1 – Am I Free?

Is the fruit of the spirit a list or a power to you? Are you judging yourself by the works of the flesh, or are you letting the presence of Jesus drive out sin? Learn how to judge yourself by asking the question: “Am I Free?”

STUDY IT

- I. Fruit of the spirit should be an outgo from your new spirit in Christ Jesus.
 - a. You can make the fruit of the spirit a work of the flesh, or you can yield to the leading of the Holy Spirit.
 - b. If you really want fruit to come easily, develop them by spending time with Jesus.
- II. Let God's correction lead you to His fruit.
 - a. Do you have a scale for condemning others and their actions toward you?
 - b. If you get rid of the scale, all you have left is a plate that Jesus can put something on and talk to you about; it will let loose the love of God in your life.
 - c. In your relationship with Jesus, He can sit at your table and talk to you about something you need to do differently.
- III. Fruit is not fruit until what's on the inside of you shows up as a change on the outside of you.
 - a. Being full of bad fruit is a killer. Don't let unforgiveness stop your fruit.
 - i. The Lord can manage other people. When you forgive and let them go, you go free.
 - ii. Staying in unforgiveness is a lack of awareness of Jesus on the inside (1 Corinthians 13).
 - iii. Don't give the devil a foothold in your life with unforgiveness.
 - b. Don't forgive by your own power and ability, but by God's power.





- i. Dig into the Power on the inside to help you forgive with prayer, time in the Word, and spending time in God's presence.
 - ii. With Jesus, we have a deep well on the inside, full of good fruit, not a dry cup. Don't live from the dry cup. Dip your dry cup into the well of Jesus.
 - c. Jesus will flush out the anxiety, stress, strife and unforgiveness with His Word from within.
- IV. Am I free? The point of what Jesus came to do was to set us free!
- a. Judge your life—is my life matching up to what the blood of Jesus bought and paid for?
 - b. Let the Lord point things out to you and bring you to new levels of freedom in *every* area of your life!
 - c. It's so much easier to respond to God's personal direction than outside correction.
 - d. Let God shake your life up in a great way! Let the Lord do a thorough house-cleaning (Hebrews 12:25-27, *MSG*).
- V. He whom the Son sets free is free indeed (John 8:36)!
- a. Take your freedom by faith!
 - b. You don't have to judge yourself all by yourself. Jesus is the righteous and loving Judge, and He will help you find your freedom.
 - c. God wants you free!

Additional scriptures: Galatians 5:22-23; Ephesians 4:27

MAKE IT PERSONAL

Am I free? This is an excellent question to ask God on a daily basis. Remember, we can always become more free. The Lord takes us from faith to faith and glory to glory—those are levels of freedom. Ask God that question today, and make sure you wait for His response. When you open your life to Him, He will shake loose the things that have been holding you back, so you can move further into His faith, glory, grace and freedom!



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DAY 2 – Pick the Fruit

God's love, peace and blessings are available for us to experience. But even the best fruit fall to the ground and die when they are not picked. The Farmer has already planted the seeds, but we have to harvest His fruit.

STUDY IT

- I. Our oneness with Jesus equals the fruit of the spirit.
 - a. Spending time with the Lord cultivates the fruit on the inside of us.
 - b. Let God take you to a deeper place in Him.
- II. You have to pick the fruit.
 - a. You can have a perfect fruit, but it rots when it's not picked.
 - b. Fruit that's not picked falls dead. We can either yield to the love of God, joy, peace, patience, goodness, kindness, faithfulness, gentleness and self-control, or we can let them fall to the ground (Galatians 5:22-23, *NLT*).
 - c. If you don't walk in love, your life will be like rotted, overripe, ugly fruit.
 - d. Jesus is the Farmer, waiting for us to reap THE BLESSING, but we have to pick His fruit. We have to harvest it.
 - e. The faith of the Farmer (Jesus) was engaged when He planted the seed of the Holy Spirit on the inside of us when we became born-again believers (Galatians 2:20).
- III. Experience = Fruit (Philippians 3).
 - a. If you are experiencing love, joy and peace, then you are experiencing Jesus (like Mary in Luke 10).
 - b. If you're troubled, you're working in your own strength (like Martha in Luke 10).
 - c. Experience the explosive power of God's resurrection working in you—that's the fruit of the spirit.



- d. If Jesus is your savior, your former self was crucified with Christ. He took the struggle of the work of the flesh from Galatians 5. Be open to who God is on the inside of you.
 - e. Even our bodies can share in what happened in Jesus' body. Jesus is transforming our outsides the same way He is transforming our insides.
- IV. Give God something to work with.
- a. Be a fruit-bearing branch (Colossians 1).
 - b. Unveil Christ in you. Let Him overpower your life with His good fruit (Colossians 2:2).

MAKE IT PERSONAL

Imagine the most beautiful and best-tasting fruit you've ever had. Now, imagine the tree that it was plucked from. Do you see a flourishing, green tree or a rotting tree, barely hanging on to life by the roots? We are called to give our passions—business, family and work—to God. When we do, we allow them to be rooted in Him, just as we are rooted in our salvation. Let every past thing go today, and when an opportunity arises to pick evil fruit like anxiety or worry, unforgiveness or strife—remember the tree. See yourself as a branch of that flourishing tree, rooted in Christ Jesus, and pick the beautiful fruit He gives: love, joy, peace, goodness, kindness, faithfulness, gentleness and temperance.





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DAY 3 – Holy. Flawless. Restored!

Jesus wants to change you from the inside out and give you days of heaven on earth. You don't have to be perfect on your own. Jesus is the answer to our humanity. God the Father sees you as holy, flawless and restored.

STUDY IT

- I. Jesus wants to change you from the inside out and give you days of heaven on earth.
 - a. Don't live below the bar of what Jesus has bought and paid for you.
 - b. Jesus wants that same oneness with you that He has with His Father.
 - c. Evil in your life wasn't God's idea, it originated with Adam and Eve's disobedience (Genesis 1-4).
 - d. God wants to make us reservoirs of His wisdom and spiritual understanding (Colossians 1:9).
- II. You don't have to please God on your own.
 - a. Walking with God is not a life of rules and regulations.
 - b. God is not looking to be displeased with you. He is pleased by faith, so turn to Him for help, and you will please Him.
 - c. Jesus paid the price, so you can be in God's presence (Colossians 1:21-23). That's where THE BLESSING is.
- III. God the Father sees you as holy, flawless and restored.
 - a. It's Jesus' job to lead us into our new life in Him.
 - b. When we mess up, we can repent, and Jesus will keep working with us.
- IV. Jesus is the answer to our humanity.
 - a. It is our *humanity* that God loves.
 - b. Jesus is our perfect Leader because He is human.





- c. With God, we're not just human; we have God Himself inside of us.
- d. God didn't pay the high price to get the fallen angels back. God wants to be in relationship with humans, not angels.
- e. We received Jesus by faith, so we must continue our walk with Him using our faith.
- f. Jesus is humanity filled with God—and with Him inside of us, so are we! (Colossians 1:9)
- g. It doesn't matter what you've done, Jesus has paid the price for you to have a new life! You don't have to clean up before you come to Him. Surrender everything to Him.
- h. Through Jesus' death on the cross, God canceled out every legal and shameful failure and deleted them; they cannot be retrieved.

Additional scriptures: Colossians 1:1-20, 3:1

MAKE IT PERSONAL

If you haven't made the declaration of faith to accept Jesus as your Lord and Savior, take this moment to give your life to Him, and you'll never regret it. Life with Jesus and the fruit that He provides are far better than any offer Satan or the world can give you. Pray this prayer today, and even when tough circumstances come, you will see God's power bring you days of heaven on earth!

Heavenly Father, thank You for the gift of Your Son, Jesus, given to me. Jesus, I accept Your sacrifice for my life. I repent of my sins and receive Your holiness and Your Holy Spirit to create a new life in me. I let go of all shame, and take on the power of Your presence. Take my life, Lord, and do something with it. In Jesus' Name. Amen.



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DAY 4 – Connected to Bear Fruit

Our life in God is a growth process, and it's not our job to produce the fruit of the spirit; it's our job to pick (choose) it. He is the Vine and Vinedresser. Let your fruit begin by sitting at Jesus' feet, and He will be the Producer of your fruit.

STUDY IT

- I. It's not our job to produce the fruit of the spirit; it's our job to pick (choose) it.
 - a. The Holy Spirit of God has sealed you in Jesus Christ until you experience your full salvation (Ephesians 4:30).
 - b. Our fruit is a growth process. Focus on Jesus and the Word. When we set our sights on Him, we become like Him.
 - c. By Jesus' matchless power, not our matchless power—He continually subdues all that is within us to Himself (Philippians 3:21).
- II. Our hope is Jesus within us.
 - a. You can read the Word as a Martha or a Mary (Luke 10). Mary was attentively sitting at Jesus' feet.
 - b. Be like Peter. Let Jesus correct and adjust you, so your life can line up with God's plan. When you do, He'll prepare you for what is to come.
 - c. Don't live your life as an abandoned child. You aren't abandoned; Jesus lives inside you with the power of His Holy Spirit.
 - d. We live now through our vital union with the Holy Spirit.
- III. God is the Vine and the Vinedresser (John 15).
 - a. Let God correct any fruitlessness.
 - b. You are the only one who can cut you off from God. God will not cut you off.
 - c. God props us up to Himself to enhance our growth, even when we fail.
 - i. When Peter denied Jesus, Jesus still showed him compassion.
 - ii. Once Peter was filled with the Holy Ghost, his life began to produce the fruit of the spirit.



- d. God is constantly working with us to bear more fruit. Jesus will keep working with you until you get it.
- e. Your life will be fruitless unless you live intimately connected to the Vine.
- f. Let God's love flourish in your heart, and fruit will be the result.

Additional scriptures: Romans 8:15; Galatians 5:22-23; Luke 22:54-62; Acts 1:8, 2

MAKE IT PERSONAL

Is there a place in your life that is bearing fruit of stress and anxiety? Do you feel weighed down in a specific area as a heavy branch would? Find time for worship and prayer today to let go of the weights and worries that are troubling you. Read 1 Peter 5:7 and make a list of those cares, and give them to the Lord. After all, He is your Vinedresser and Caretaker. He cares for you.





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DAY 5 – Yielding Leads to a Life of Fruit and Freedom

Do you feel that the grace to stay as you were has lifted? The Lord is calling us to a deeper life with Him, to produce more fruit than we ever have. You don't have to be perfect! Let the Holy Spirit lead the charge of change, and just like Peter, when you're changed, you will strengthen others.

STUDY IT

- I. The grace to stay like you were is now gone.
 - a. It's time to clean up your life, because God has a mission for you and He wants you to grow.
 - b. Allowing God to talk to you about your life will change everything about you.
 - c. God wants to scoop you up and enhance your growth (John 15). He loves you—even when you fail.
 - d. When Jesus is your Source, you will live in the outflow of *His* grace!
- II. Meeting with Jesus brings answers to every problem.
 - a. When you let God bring His help to your life, it will overflow into others' lives as well.
 - b. God will bring redemption to every area of your life just as He did for Peter.
 - c. Don't lean on the arm of the flesh.
 - d. Arise in the fullness of your union with Jesus (Philippians 4). Communing with the Lord equals fruit.
 - i. If we don't see Jesus in other people, we set ourselves up for a disagreement.
 - ii. Jesus' answer to our disagreements with each other is found in unity with the Lord.
 - iii. Let gentleness be seen in every relationship.
 - iv. Worry is a work of the flesh.
 - v. Be saturated in prayer every day. Tell Him every detail of your life.





- vi. It's better to be wrong before the Lord than to avoid Him.
 - vii. Fasten your thoughts on God's works, and continually give Him praise.
- III. Have faith that the Lord Jesus Christ who lives in you will bring you back around to the truth (Galatians 5:13).
- a. God is bringing us around to a life of freedom, not perfection.
 - b. For everything that comes up in our life, there's a Savior and there's a fruit. For every feeling, for every hurt, for everything that we deal with, there's a Savior and there's a fruit.

Additional scriptures: Revelation 3; John 21:15-19

MAKE IT PERSONAL

Did you agree with the prayer that was given to Kellie Copeland? Make it a part of your confession today. You can even write it down, and place it on your mirror or refrigerator as a reminder of what God's work has done and is always doing for you.

I lift my head when I cry. I can have quiet in the chaos. I can keep going when it's hard. I can be mindful of others beyond myself. I can do good for others in spite of my own situation. I can borrow God's faithfulness when I want to turn back. I can forget. I don't have to borrow, actually. It belongs to me. I can forgive when offended, and follow Jesus no matter what happens. I have true freedom to live life full of Him.

