

CHOOSING FAITH OVER FEAR

GLORIA COPELAND AND KELLIE COPELAND

DAY 1 – NOT FEARING WHEN LIFE FEELS OUT OF CONTROL

We can live free from fear even when life feels out of control. The key is to look at Jesus for help, believe God's Word and tell fear to leave. Begin training yourself in these things and become victorious over trouble!

STUDY IT

- I. We can live free from fear even when life feels out of control.
 - Any fear contaminates your faith for living.
 - You and your family can stand against fear as a purposed goal. Determine you won't tolerate fear of any kind.
 - Ask Jesus for help, and be free (1 Peter 5:7).

- II. The key to living free from fear is to look at Jesus.
 - Jesus died on the cross, and He took care of everything.
 - Jesus was given control of everything and gave that control to man. Nothing was left out of our control (Hebrews 2:8-9, *AMPC*).
 - Our control is worth nothing without our perfect leader, Jesus. We don't see everything we have control over, but we can see Jesus.
 - What we do with that control means victory or loss to us.

- III. Believe God's Word, and tell fear to leave in times of trouble.
 - The devil comes for only one reason. He wants control over you.
 - When the devil has you under his control, he will steal from you, kill you and destroy you (John 10:10).
 - When you receive something, you look at the one who gave it. If you look at the problem, you are choosing to look at the devil, and what he wants to do to you.
 - The devil had the power of death. Now, Jesus came as a man, took upon Himself flesh, defeated Satan in his own domain, and took away the authority that he had because of Adam's sin in the Garden of Eden.
 - We must resist the devil, by looking at Jesus and believing His Word to us.
 - We take what Jesus said, and use it as a weapon against the work of the devil. Satan has no authority and cannot use fear over us, because we've been born again. He cannot stand against the Name of Jesus.

- You are completely set free as Jesus bought and paid for everything, including fear and death.

IV. We are not always aware of the authority we have, but we can look at Jesus for help.

- Jesus defeated the devil, and God gave everything to Jesus.
- Then, Jesus gave authority of all things to you, through Him.
- We have the Name of Jesus that gives us the right to exercise authority over trouble.
- Jesus went through death, so He could deliver us from sin, death, torment—everything that comes against us.
- When trouble comes, we have a choice to look at the trouble (the devil), or look at Jesus.

V. We need training to be victorious over trouble.

- We receive training by using God's Word. We focus on what Jesus has given us.
- Practice going to the Lord for help in everything (Hebrews 5:14).
 - He is our source for everything (Acts 17:28).
- We get control, or authority, by humbling ourselves and looking at Jesus, not by tightening our grip of fear.
- Use the Name of Jesus every day over every area of your life.
- You can be completely set free from death and fear (Hebrews 2:14-15, *AMPC*).

Additional scriptures: 2 Corinthians 4:8-9, *NLT*; Mark 16:17-18; Isaiah 53:4-5;
2 Corinthians 5:7

MAKE IT PERSONAL

Are you ready to be trained? Get your Bible and practice doing everything you read in it. The first assignment is to read 1 Peter 5:7. Let God plant this verse in your heart and begin to live it. Write a change you will make.

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DAY 2 – CHOOSE FAITH OVER FEAR

Choose to live completely free from fear by putting your faith in God to deliver you. Jesus has already defeated the devil and the ultimate fear of death. Learn from and depend on God to help you fight the good fight of faith. Hear God's Word, have faith and trust in Him, and see the answer.

STUDY IT

- I. Choose to live completely free from fear by putting your faith in God to deliver you.
 - Declare there is no fear here!
 - Take God's Word, and use it to resist fear and rebuke it out of your life. Your hope, faith and future are in Jesus Christ (Hebrews 2:13-15, *AMPC*).
 - If you can walk in faith and not fear when sudden trouble comes, you can do it the rest of the time.
 - When you are already in fellowship with Jesus when trouble comes, it's easy to take His way out.
 - Hope doesn't deliver you; faith in God delivers you from troubles.

- II. Jesus delivered us from the devil and the ultimate fear of death.
 - Jesus became a man and went through death to deliver all mankind from the devil.
 - We are *life* people. When we are born again, eternal life comes into us. When we leave this body, we go to heaven to be with our God.
 - Satan's threats of death fall on deaf ears; death is simply a transition into the presence of God if we have made Jesus the Lord of our lives.
 - We are "with Jesus." We have full entrance into everything He has provided for us.
 - When we are born again, we are free from the bondage of Satan. The only way we can be connected to bondage is through fear.
 - Every fear is rooted in the fear of death.
 - *Haunting* means "remaining in the consciousness, not quickly forgotten, reoccurring persistently, to disturb and distress, and cause anxiety."
 - Don't feed fear into your heart or your children's hearts.
 - Gossip feeds fear about others into your heart.



III. Learn from and depend on God to help you fight the good fight of faith.

- As you depend on God, you fight a good fight, and you are in a winning position (1 Timothy 1:18, *NLT*).
 - The truth will make you free (John 8:32).
- Don't throw away your confidence in God (Hebrews 10:35).
 - Some people have deliberately destroyed their consciences.
- Don't rename fear to something that is more acceptable.
 - Phrases like "being weighed down," "being concerned" or "using human wisdom," can be disguises for fear.
- Fear corrupts your faith.

IV. God wants you to hear His Word, have faith and trust in Him, and see the answer.

- Satan wants you to hear his word, trust in him, and see his destruction.
 - You hook up with Satan through fear; you hook up with God through faith.
 - Satan wants territory; he wants people; he wants to be god (Isaiah 14:14).
 - You choose who you will follow. Don't give the devil place (Ephesians 4:27).
- Feed faith into your children, not fear.
 - When you worry about your children, you are in fear.
- Don't let your faith be shipwrecked (1 Timothy 1:19, *NLT*).
- We are not abandoned (2 Corinthians 4:8-9, *NLT*).
- Live your life as unto the Lord.

Additional scriptures: Colossians 1:13; John 10:10; Romans 10:17; Mark 11:22-24;
Luke 10:38-42

MAKE IT PERSONAL

Are you still determined to be trained in the way of faith over fear? Read Hebrews 2:13-15. God wants to convince you of your freedom from bondage and fear. Write the changes you will make as you grasp this scripture for yourself.





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DAY 3 – FAITH SHUTS THE DOOR ON FEAR

Shut the door on fear by living in faith every day, so you are prepared when sudden trouble comes. Jesus taught that there would be persecution for those who follow Him, but we should not fear. When you are persecuted by the devil, Jesus is with you. Resist the devil, and look to the Lord for deliverance and not to distractions of the world. Stand firm on your faith!

STUDY IT

- I. Shut the door on fear by living in faith every day, so you are prepared when sudden trouble comes.
 - Don't wait until the storm comes to get in faith. Live in the Word of God and faith every day. Talk in faith, act in faith, and you will live without the curse.
 - Fear shuts the door to faith, and faith shuts the door to fear.
 - To make the change from fear to faith takes time and effort, but it's worth it.
 - In every situation, stay in faith! Exercise your faith in God and in His promises.

- II. Jesus taught that there would be persecution for those who follow Him, but we should not fear.
 - Jesus told the disciples things were about to change, and they needed to be ready (Luke 21:5-26, *NLT, The Passion Translation*).
 - The disciples asked questions to gain information, and so can we.
 - We shouldn't question God and His character, but we can ask God questions to learn more about what He is showing us. He will give us answers. He is our Source and Supply. We have the Holy Spirit; He is our connector to God, and leads us into all truth.
 - Jesus told the disciples to not be misled and to not panic. There will be wars and troubles, and there will be a time of great persecution for those who follow Jesus.
 - Satan attempts to persecute us every day. We have to take our stand against fear daily by taking authority over him, and pleading the power of the blood of Jesus.
 - As we speak in our authority, it's an opportunity for others to hear God's Word and hear about our deliverance, so that they can be delivered.



III. Even in your trouble and when the enemy accuses you, Jesus is with you.

- There is a shaking in the Body of Christ that we embrace, because it is for our good (Hebrews 12:27-28).
 - Grace and faith stay the same, but the shaking from God causes us to be changed into the image of Jesus.
- The kingdom of God is near, but His words will never disappear.

IV. When persecution comes from the devil, resist him and look to the Lord for deliverance and not to distractions of the world. Stand firm on your faith!

- Resist the devil, and he will run away (James 4:7).
- Don't worry in advance about how to answer the devil's charges against you.
 - Jesus promised to give us the right words and wisdom, so that our opponents will not be able to withstand the grace and power that comes from our mouths (Luke 21:15, *TPT*).
 - "I will never stop expressing myself to you." I will never stop giving you the right words to say (verse 33, *TPT*).
 - Prepare for defense by putting God's Word in your heart, being thankful and enjoying the presence of Jesus.
 - When you are looking at Jesus, you'll have the right words at the right time (John 5:30, *AMPC*).
- Don't let your heart be dulled by the worries of this life, and turn to something else to quiet the turmoil inside. Those things will dull the voice of the Lord who is speaking to deliver you.
- Go to God for the answers, not to other distractions of the world.
 - *Carousing* means a lifestyle to escape spiritual responsibilities.
- This day of persecution will come on everyone on the earth. Pray that you can continue looking at Jesus, and stand firm in your faith.

Additional scriptures: Hebrews 2:15, *AMPC*; Mark 4:38-40-; Matthew 7:24-27;
Luke 10:38-42, 9:16-17; Revelation 12:10

MAKE IT PERSONAL

Your next assignment is to read Luke 21, the whole chapter. Ask the Lord to reveal to you His plans to protect and guide you through your future.

Pray this prayer with us:

Father God, thank You for changing me to live a life of faith instead of fear. I trust You and I will follow You. I will not be afraid no matter what comes against me, for I know You will keep me from all evil. Thank You, Father. I pray in Jesus' Name! Amen.



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DAY 4 – THE GRACE TO PREVAIL OVER FEAR

You can prevail over fear! Each day, actively resist any fear that tries to come into your life by looking to Jesus and studying God's Word. Choose faith over fear by believing what you read in the Bible and taking it personally.

STUDY IT

- I. Each day resist any fear that tries to come into your life.
 - People are fearful, especially if they don't know much about the Lord.
 - Ask the Lord to check your heart for hidden fears.
 - You must be on guard daily against the subtleties of fear.
 - Fear is Satan's way in. Don't be ignorant of his devices (2 Corinthians 2:11).
 - Satan is trying to take over your life, and he uses the door of fear.
 - He throws words of fear at you, so he can control you.
 - He doesn't stop trying to hurt you, so you must not stop resisting him.
 - Jesus told the disciples not to panic or give in to their fears.
 - Jesus will alert us when there's something we need to deal with, like He did with the disciples (Luke 21:5-38, *TPT*).
 - Don't let worry invade your thinking. The moment Satan comes, simply speak the words of wisdom that God gives you.
 - Daily put God's Word in your heart, so that in the right moment, Jesus will give you the right words.
 - Jesus said the words He gives you when you need help will never disappear.
 - We are not unaware when we are with Jesus.
- II. Look to Jesus and study God's Word in order resist attacks of fear.
 - We may not see all the places we have authority, yet we can look at Jesus (Hebrews 2:8-9, *NLT*).
 - God is never going to stop giving us His Word.
 - It's wonderful to have God's Word on your phone, but using the written Word gives you an opportunity to make notes of revelation He gives you when reading.
 - Don't wait until fear attacks to study God's Word. You need to be ready for the current word He has for you.





III. Choose faith over fear every day by believing what you read in the Bible and taking it personally.

- God has given us His Word, and we need to read and study it, and let it take root in our hearts.
- Everyone can have faith, if they'll believe what they read in the Bible, and *take it* saying, "That's mine!"
 - No weapon will hurt you as long as you trust Jesus (Isaiah 54:17).
 - You don't have to worry about your children. God promised to take care of them (Isaiah 54:13).
 - Fear of the future can be stopped by faith in God.
- Feed yourself every day with God's Word, because every day you need your faith to defeat fear.

Additional scriptures: Revelation 12:10; Ephesians 4:27; Hebrews 12:2, 4:12;
2 Corinthians 3:3; 1 Peter 2:24; Romans 5:20; 1 Peter 5:7;
Romans 10:17

MAKE IT PERSONAL

Your next assignment concerns the authority God has given you to overcome fear. Read Hebrews 2:8-9. Pray for a greater understanding of what God gave Jesus, and what Jesus gave you. Write some areas of your life in which Jesus wants you to use your authority.



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DAY 5 – FEEDING YOUR FAITH OVERCOMES FEAR

Feed your spirit with God's Word for active faith that overcomes fear. When you feel fear, it's an indicator that you should rebuke it; and focus on Jesus. Make God's Word a priority, and your faith will grow. When you put your faith in God and believe He cares for you, you will walk free from fear!

STUDY IT

- I. Feed your spirit with God's Word for active faith that overcomes fear.
 - God wants us to live free from fear.
 - Jesus is the only Way to live free from fear (John 14:6).
 - Keep thinking about God's Word day and night, so you will be ready to act against fear with the full assurance of God's Word (Joshua 1:8).
 - Faith comes by hearing God's Word again and again (Romans 10:17).

- II. When you feel fear, it's an indicator that you should rebuke it and focus on Jesus.
 - God gave you feelings so you can be informed—not led by them.
 - When you feel doubt and fear, pay attention, and look to Jesus to find out where you have let fear into your life. Rebuke fear. Say, "I will not have fear!"
 - When you feel fear, it's an indicator that you need to focus on Jesus.
 - Sudden fearful things have to be defeated just like normal, everyday-life fears.
 - Practice casting out fear from the common everyday things, and sudden fears will not be a problem.

- III. The Bible is God speaking directly to you. Make His Word a priority, and your faith will grow.
 - Faith is a learned process. Once you learn how to believe, all things are possible.
 - This is the best kind of living—living by faith and not by sight.
 - Practice brings you a lifestyle of faith and freedom from fear.
 - You have a Father, a Savior and the Holy Spirit talking to you all the time to help you.
 - Worrying about things of this life distracts you from looking at Jesus (Matthew 6:24-34, *NLT*).



- Life is more than outward things. Even the birds don't worry about their lives, and God takes care of them.
 - If God cares for the birds, He cares for you.
- The word *worry* in the Greek means "to divide into parts, a distraction, a preoccupation with things causing anxiety, stress and pressure."
- Worry is fear. Worry is meditating on the fear that's trying to come.

IV. When you put your faith in God's Word and believe that He cares for you, you will walk free from fear.

- Years ago Gloria Copeland prayed the sweetest salvation prayer, "Lord, take my life and do something with it."
- The way to become a believer is to believe what Jesus says instead of your own thoughts.
- Believe the Word of God that says God cares for you (1 Peter 5:7).
- Ask God, and believe that you receive when you pray.
- Learn how to operate in agreement with God, and THE BLESSING will begin to be evident in your life.
- Seek the kingdom of God by looking at Jesus instead of everything else.
- Your heavenly Father already knows all your needs.
- Jesus will give you the right words at the right time to take care of everything in your life.
- Satan cannot devour you when you refuse to fear, and you put your sight on and your faith in God (1 Peter 5:8-10, *TPT*).
- You are not alone. Victory is yours!

Additional scriptures: Mark 9:23; 2 Corinthians 5:7; Psalm 91:1

MAKE IT PERSONAL

Partner, we believe as you study these lessons, you will look increasingly more at Jesus and His love and power, and less at things that bring fear. Please let us know your experiences in living free from fear. [Click here to share your experiences](#), or [contact us on Facebook](#).

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