

LIVING A LIFE FREE FROM FEAR

GLORIA COPELAND AND KELLIE COPELAND

DAY 1 – TAKING AUTHORITY OVER FEAR

Fear wants to take over your life, but you don't have to let it! Allow Jesus to diagnose and monitor your life to identify areas of fear. Take your spiritual authority over the devil's strategies and rebuke fear for good!

STUDY IT

- I. Fear wants to take over your life, but you don't have to tolerate it!
 - Fear connects you to Satan's desire for you the same way that faith connects you to God's desire for you.
 - Fear is an open door that brings in disaster.
 - Even fear we're not aware of will keep our faith from working.
 - We often express our fear in different words to hide it from ourselves.
 - "Weighing on you" means you are carrying the care.
 - "Concern," "worry" and "use wisdom" are rephrases of fear.
 - Jesus took issue with Martha because she was troubled and not looking at Jesus (Luke 10:38-42).
 - If you look at problems, you're not looking at Jesus, and fear comes in.
 - You cannot be in faith and in fear at the same time.
 - Fear and faith take up the same space in your heart. If fear is there, there's no room for faith.
 - We don't need to assume that once we are free from fear, it is gone and will not try to come back.
 - You don't have to tolerate fear.

- II. Let Jesus diagnose and monitor your life to identify areas of fear.
 - We have opportunities to fear but don't always recognize them.
 - God told Kellie she was troubled, concerned and in fear about many things.
 - You may have hidden weak places where sin or unbelief is hiding. Let God correct and cleanse you from all sin (Psalm 19:12-13, *NLT*).
 - Remain open to the Lord and let Him monitor your heart, so He can tell you if you've let fear in.
 - The Lord exposes fear in our lives as we take time to listen to Him.
 - Choose to look at Jesus, instead of looking through eyes of fear.



- Jesus has all the answers. He has the solutions, and He will share them with us as we look at Him.
- While we focus on Jesus, He is working and directing us toward the good life He has planned.
- All things work together for our good, when we look at Him (Romans 8:28).
- Faith comes by hearing, so listen to God's Word again and again (Romans 10:17).
- Determine to live your life free from fear. Constantly be listening to your Savior talk to you about what's going on in your heart.
- You must choose to stay in faith, so keep your focus on Jesus.

III. Take your spiritual authority over the devil's strategies and rebuke fear.

- You don't have to tolerate fear! Practice living free from fear.
- We have the Holy Spirit and the fruit of the spirit to keep fear out (Galatians 5:22-23).
- Knowing God and having His perfect love, casts out fear (1 John 4:18).
- Depend on God's promises and know His Word, so you will be free (John 8:32).
- Your confession must be empowered by Jesus' presence (Mark 11:22-24).
 - You speak what you want, but you can't get anything without Jesus. He is the One who does what you believe, pray and speak to be accomplished.
- The devil cannot win if you stay in a position for the Lord to speak to you. He will tell you what to take authority over and where Satan has a hook in you.
- We can and must take authority over the strategies of the devil and rebuke fear!

Additional scriptures: Ephesians 3:20; Proverbs 13:12

MAKE IT PERSONAL

Ask Jesus to diagnose and identify areas of fear in your life. Write one area of fear here with a scripture that promises that you can get rid of fear.





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DAY 2 – REFUSING TO FEAR IN THE MIDST OF TRIALS

Keep your eyes on Jesus and refuse to fear in the midst of trials. Pay attention and don't let fear sneak into your life, and don't let what you know about God and His promises slip away. When tempted to fear, determine to believe what God says. Jesus is the perfect leader to bring you to salvation in every area of your life. There is no need to fear when you're following Him!

STUDY IT

- I. Keep your eyes on Jesus, and refuse to fear in the midst of trials.
 - We are not immune to fear, but we must confront it and send it away.
 - Fear is Satan's weapon, and it tries to stop our faith.
 - We don't give the devil any place to steal, kill or destroy (John 10:10).
 - Rebuking fear is not just a one-time thing.
 - Let Jesus diagnose you, so you can rebuke fear and be free.

- II. Pay attention and don't let fear sneak into your life.
 - Jesus gave us an example using the parable of the farmer who sowed wheat seed, yet the enemy sowed weeds (Matthew 13:24-25).
 - Be aware of the enemy's devices (2 Corinthians 2:11).
 - We need correction—it's part of growing up.
 - You cannot be in fear and faith at the same time. If you're not in faith, you are living a natural life with no defense against the devil.
 - You must choose to resist fear and take authority over the devil.
 - As you practice resisting fear, its hold on your life becomes weaker.
 - Continue to listen to the Lord, so it becomes easier to recognize His voice and rebuke fear in your life.
 - If you feel weighed down or concerned, that's also fear.
 - Fear will keep you from walking in faith. It will lie to you about some fault in you that keeps God from doing for you what He promised.

- III. Don't let what you know of God slip away. When tempted to fear, determine instead to believe what God says and cast down fear.
 - If you don't listen and grasp carefully, then you can drift away from what you have learned of God (Hebrews 2:1-3, *NLT, AMPC*).





- *The Passion Translation* tells us to be attentive to the truth we have heard.
 - Don't despise the very truth that gives you life.
- We can't escape the curse without paying attention to the escape God has provided for us.
- God's Word will stand firm, and God will remain true to you (Matthew 7:24-27).
 - If you stand in faith, look at Jesus, allow Him to talk to you, and continue to worship Him, He will get the truth to you.
- Jesus told Mary that she had chosen that good thing which was to her advantage (Luke 10:42, *AMPC*).
- Kellie cast out fear concerning her daughters.
 - Kellie took authority over fear for Jenny's trip to the Middle East and got rid of it.
 - When fear was gone, Kellie spoke with the boldness of faith; and she spoke God's will and Word about Jenny's trip.
 - Kellie had the same experience when her daughter, Lyndsey, was diagnosed with a deadly disease. Faith rose up inside Kellie, and she said, "I refuse to fear!"
 - All of God's Word that Kellie knew concerning healing and deliverance rose up within her to stop fear.

IV. Jesus is the perfect leader to bring you to salvation in every area of your life. There is no reason to fear when you are following Him.

- We have a Father who loves us, and His love in us will cast our fear (1 John 4:18).
 - Salvation is more than being born again. It's salvation from sin, sickness, disease and poverty. Salvation is everything good.
 - When you are born again, you allow Jesus to position Himself to lead you to your salvation every day for the rest of your life.
 - You have to pay attention, because God is talking to you all the time from His voice in your spirit and in the written Word.
- Jesus became a man, so He could take the curse and the punishment of the curse for us. He took care of everything, including fear of death, by His death on the Cross (Hebrews 2:9-15, *NLT, AMPC*).
- We receive Him, and we're free from the curse. If we do what He says, we stay free.
- There's no reason to fear when we follow the leadership of Jesus to a life of freedom.

Additional scriptures: 1 Peter 2:24; Psalm 118:17; Deuteronomy 28:15-68

MAKE IT PERSONAL

Pray this prayer with Gloria Copeland to be free from fear:

In the Name of the Lord Jesus Christ, fear, I rebuke you in Jesus' Name. You take your hands off of me and the people of God, and get out of our lives. You have no authority, no place here, and you must leave, in the Name of Jesus!



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DAY 3 – ELIMINATING FEAR AT THE ROOT

It's time to eliminate fear at its root! Putting your faith in God and receiving His love for you will stomp out fear. Resist fear in every area of life, because fear in one area will cause problems in other areas. Trust Jesus to lead you victoriously through every trial and circumstance!

STUDY IT

- I. It's time to eliminate fear at its root!
 - You need to live a life free from fear.
 - Look to Jesus, so He can diagnose any hidden fears you may have.
 - God will show you things you need to do to keep yourself free from fear.
 - Jesus knows the root of every fear. If you allow Him to be everything to you, He'll help you get rid of all the things that hinder your prayers and your freedom in Christ.
 - God knows everything about you, and He still loves you (Psalm 139:15-16).

- II. Faith in God will remove fear. Trust Jesus to lead you victoriously through every trial or circumstance.
 - Jesus qualifies to be our perfect leader, the Pioneer of our salvation (Hebrews 2:10, *NLT, The Passion Translation*).
 - The devil feeds us fears. He wants to be lord of our lives like he became lord of Eve's life (Genesis 3:13).
 - Eve's fear was that she would be abandoned. God has not abandoned us (2 Corinthians 4:8-9, *NLT*).
 - Jesus has become our merciful, faithful and nurturing Lord (Hebrews 2:11-18, *NLT, The Passion Translation*).
 - He is here for us; He will lead us through growing up, times of trouble, attacks of Satan, and out of consequences from our own wrong choices.
 - Any problem or trouble you fear is bondage which is based on the fear of death.
 - Fear opens the door to the devil. Faith closes it.
 - We can't have fear and at the same time be free.
 - When you resist fear, you get help from the Lord.
 - "Haunting fear" means a fear that remains in the consciousness.



- Jesus wants to help you remove “nagging fear”—it’s like removing a splinter.
- Faith will remove fear. Believe what God said so faith can work for you, and the fear will leave.

III. Receiving the love of God in your life eliminates fear.

- God’s love sent His Son, Jesus.
- You can receive and believe what Jesus says, and your faith will stand.
- If you don’t walk in love, you are resisting the love of God.
 - His love in you gives you the ability to forgive and to walk in love toward others.
 - There is no good future in unforgiveness.
 - If you resist love toward others, you resist love toward God, and vice versa.

IV. Resist fear in all areas of your life. Fear in one area will cause problems in every area.

- Say no to fear. Fear puts people in bondage.
 - *Bondage* means “to be bound by or subjected to some external power or control.”
- Dump fear, and take your authority to get rid of failure.
- Here are some fears that try to attach themselves to us: fear of failure, fear of the past, fear that it’s going to affect your future, fear of the past being found out, fear of exposure, fear for our children, fear of the future, fear that things won’t change, fear of missing the mark, and fear of being mistreated.

Additional scriptures: Isaiah 53:4; Galatians 5:6; Mark 11:25; 1 Timothy 4:2; 1 John 4:18

MAKE IT PERSONAL

Read the list of potential fears given by Kellie Copeland. If you see one of those fears within yourself, repent and use your authority to cast it out according to 1 John 4:18. Here’s a sample of what you might say:

Father God, I repent for allowing fear in my life. Thank You for forgiving me and cleansing me according to 1 John 1:9. Now, fear, in the Name of Jesus Christ, I resist you, and I command you to leave and not return. You are no longer allowed in me. You are against God’s Word, and you MUST leave me now, in Jesus’ Name! Amen.



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DAY 4 – REBUKING FEAR STOPS THE DEVIL

Fear opens the door to the devil's attacks, but walking in faith and rebuking fear stops him! The key to life is faith; the key to death is fear. Jesus has the answer and will deliver you from all fear. He offers His perfection to deliver you. Forgive and pray for those who hurt you. Position yourself to hear Jesus, so that He can help you with anything that hurts you.

STUDY IT

- I. Fear opens the door to the devil's attacks, but walking in faith and rebuking fear stops the devil.
 - The devil uses fear as a hook to stay attached to us, but when we walk in faith, he doesn't have any way to grab onto us.
 - Fear is the only tool Satan has to keep you from receiving the promises of God.
- II. The key to life is faith; the key to death is fear.
 - We have been made independent from fear by Jesus.
 - Faith in Jesus removes us from the bondage of the fear of death, and sets us free (Hebrews 2:15).
 - Jesus is our perfect leader. He went through temptations like us, yet He didn't sin.
 - Stop telling God you don't receive His work on your behalf. He knows the plans He has for you. Your only task is to receive His plans (Jeremiah 29:11).
- III. Jesus has the answers and will deliver you from all fear.
 - Jesus will save you from the enemy, from others and from yourself. In fact, He has already saved you. Just listen to His direction.
 - He made Himself, His Word, His wisdom and His power available to us, so we can walk through life successfully, just like He did.
 - Martha had a fear of being mistreated. "This is not fair. Get my sister to help me."
 - Jesus had compassion on Martha. He wanted her to be free from fear, so He pointed out her problem and directed her to let it go (Luke 10:38-42, *AMPC*).
 - The fear of being mistreated is real for anyone. Jesus is the answer to that. Whether you are actually being mistreated or in fear of being misused, Jesus will deliver you.



- Jesus offers His perfection to deliver you from your troubles.
- Jesus was tempted, but He didn't sin. His perfection can lead you.
- Don't look at the gap between His perfection and your life; just accept His perfectness to get you out of problems. He's qualified.
- The disciples were afraid in the boat, during the storm. They didn't ask Jesus for help, they just griped (Luke 8:22-25, *AMPC*).
 - They said, "Don't You care?" Jesus said they had no faith.
 - Jesus said, "Where is your confidence in Me? Where is your confidence in My inability to lie?"
 - Fear kept the disciples from expecting an answer.
 - When we are in trouble, we need to humble ourselves and ask Jesus for help.
- Our words are important—they pull God's answers to us, or push them away.
- Fear will try to keep you from speaking God's answer.

IV. Forgive and pray for those who hurt you.

- If you want Jesus to change someone else, the first thing you need to say is, "Jesus, change me."
- When someone has hurt you, forgive and pray for the one who hurt you. There is mighty power in the prayer for your enemies (Matthew 5:44).
- God's greater love is demonstrated when you love your friends (John 15:13-14).

V. Position yourself to hear Jesus, so He can help you with anything that concerns you.

- Love simply because Jesus told you to. Then, ask for what you want, and the Father will do it (John 15:7).
- Mary positioned herself to hear Jesus. Martha could have also done it.
 - Martha could have served Jesus, but she was serving herself.
 - You can do your work right from sitting at Jesus' feet.
 - You are going to have cares, worries and troubles that are not addressed—if you don't take time to sit at Jesus' feet.
- Take the time to start your day with Jesus. Read His Word, worship Him and listen to Him.

Additional scriptures: Psalm 19:12-13; Genesis 1:27

MAKE IT PERSONAL

Find a promise from God that pertains to a problem in your life (hint: Psalm 91), and write a declaration of faith using that scripture.



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DAY 5 – ALLOWING GOD TO DIAGNOSE YOUR FEARS

To live a life free from fear, you must submit to God, resist the devil and rebuke fear. Allow God to diagnose your fears, be open to His correction, and fear will leave. Open your heart to receive Jesus' diagnosis by being honest with Him and yourself.

STUDY IT

- I. To live a life free from fear, you must submit to God, resist the devil and rebuke fear.
 - It's a blessing to know how to stand against fear, and have a zero tolerance for it.
 - When Kellie allowed Jesus to diagnose her heart, she discovered fears hidden inside. As soon as she saw them, she refused the fear and rebuked it from her life.
 - Kellie tells the incident of experiencing fear at the ropes course team-building activity. Fear came, but as soon as she recognized it, she took authority and cast it out!
 - Kellie was honest with herself, and you can be, too.
 - Find out what the Scripture says about your situation, and depend on God's faithfulness to you. You have to know His Word, use it and keep the Word daily in your heart.
 - Satan delivers a word of fear, and if you receive it, it's an open door to his work.
 - We have greater power than the devil. We have Jesus, His Word, His blood, and His angels, and He will fix things—if we mess up.
 - The more aware we are of His Word and His love, the more strength we will have to stand against fear.
- II. Allow God to diagnose your fears. Be open to His correction, and fear will leave.
 - Let Jesus diagnose you with His Word.
 - God's Word gives light that will help you see what is right and what is not right, and then you can obey Him.
 - When you obey God, things work for you, and you'll have no condemnation, because you aren't disobedient to the Word.
 - If we will let Jesus diagnose us, He will tell us what to do and say, and we can go free.
 - You must read God's Word every day, and being busy is not a good excuse for not reading. Rather than finding time for God, you must change your day to fit around your time with God.

- The Word of God is truth, and it makes you free (John 8:32)!

III. Open your heart to Jesus' diagnosis by being honest with Jesus and yourself.

- The woman at the well was ashamed, which is fear of what people think (John 4:5-42).
 - She went to the well to get water when no one else was there, because she was ashamed and fearful.
 - On this day, she had a conversation with Jesus, and He began to diagnose her.
 - Jesus led her to the right words to say, so she could receive from Him what she needed.
 - She was honest with Jesus and herself, and she didn't try to cover her shame.
 - She was delivered from fear, and her witness allowed her whole village to be set free.
- We need to be open and honest as Jesus diagnoses us.
- There's an awakening coming, a time of miracles. To be part of that, we need to be aware of God's love and presence, and let Him show us where to clean up.

Additional scriptures: James 4:7; Galatians 3:13; 2 Corinthians 4:15-18; 1 John 4:9-10;
2 Timothy 2:23-26; 1 Peter 5:7; Psalm 23:5

MAKE IT PERSONAL

Partner, please let us know about the freedom you experience as you let Jesus diagnose and remove hidden fears in your life. [Click here to share your experiences](#), or [contact us on Facebook](#).

Not a Partner yet? Join us in [partnership](#) as we obey the command of Jesus to preach the good news all around the world! Call us today at 1-800-600-7395.